



YOUR COMMUNITY  
YOUR NEWS  
YOUR VIEWS



Volume 31

# News & Views

## PRESIDENT'S MESSAGE

They say there are two seasons in Calgary, winter and construction. We've definitely hit construction season with all the projects going on around Lakeview including the new soundwall, tennis courts and significant residential development. Just a reminder to please keep clear of the construction areas. If crossing a construction area ensure that machine operators can see you and pay attention to posted signage.

This year the LCA will once again be partnering with Sierra Café to offer seniors in our community one free medium sized drip coffee from June 1-7, 2026, during Seniors Week.

### Lancaster Park

Thank you to the 109 people that completed the new court color survey. Of those that responded, 76% said they like the clean and modernized look of the blue on blue, while 17% said they had no

strong preference. We will be proceeding with the blue on blue color scheme for the new tennis and pickleball courts.

As you can see driving by along 63rd Avenue and Lancaster Way, construction is underway on the new tennis courts. Many people have approached the LCA to see how they can help. We've run into a few cost overruns so any donations to the project are appreciated. This includes buying your LCA membership, buying 50/50 tickets at Fun Day, or donating to Lancaster Park via the Parks Foundation website. So far we've raised \$1,600 through the Parks Foundation website. It's a good start, but a long way from our goal of \$100,000 to complete Phase 2 of the park.

### Taza Park School Designation

We recently received an update from CBE school trustee Nancy Close about the school designation

*continued on page 2*

FOR  
YOU

Published by the Lakeview Community Association & Prepared by community volunteers

for students living in Taza Park. There has been a change from what was communicated last year. Students living in Taza Park are considered non-resident students but have been granted an exception by the CBE as directed by the Government of Alberta. Two schools in Lakeview are impacted by the decision: Jennie Elliott and Bishop Pinkham. If you have any concerns please email Area7@cbe.ab.ca or Nancy Close at neclose@cbe.ab.ca.

### Lakeview Bobcat Spring Soccer

Bobcat Spring Soccer is in full swing, with 196 registered participants across six age groups: U4, U6, U8, U10, U13, and U17. We'd like to thank all the volunteers who help make this successful program possible, including the 28 individuals who stepped up to coach, as well as Andy Baxter, the grand maestro of the entire program. Along with the volunteers, this program would not have been possible without the support of our longtime sponsors: Ron Garneau, Bella Roma, IGA, SVR Lawyers, Chinooks FC and CopyWorks Communications. Thank you!

### Volunteer Opportunities

We are still looking for someone to fill the facilities lead role, events and planning and development lead.

### Upcoming Events

- June 1-7, 2026 – Seniors Week, free medium drip coffee at Sierra Cafe
- June 20, 2026 – Parade of garage sales
- October 20, 2026 – LCA AGM **\*\*Save the Date\*\***

As we approach summer holidays, I'd encourage everyone to think about what they love about Lakeview and what type of additional amenities they would like to see if we were to build a new main hall. This fall, we'll be embarking on an exciting project in partnership with the University of Calgary to reimagine the main hall and the space around it. Please contact Nadia at info@lakeviewyyc.ca if you're interested in getting involved.

Sincerely,

Catherine Cooke, MBA  
President  
Lakeview Community Association





## HOME OVERWATCH SERVICES



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All Services are provided by General Dentist

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Wednesday – 8:00 a.m. to 3:00 p.m.  
Thursday – 8:00 a.m. to 3:00 p.m.  
Friday – 11:00 a.m. to 3:00 p.m.





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 [instagram.com/lakeviewdentalcentrecalgary](https://instagram.com/lakeviewdentalcentrecalgary)

To request an appointment simply  
call at **(403) 242-5900**


## Door-to-Door Membership Drive

**Canvassers & Zone Captains Wanted:** Based on last year's successful pilot, the LCA is bringing back our annual door-to-door membership drive in May. Please let us know if you are interested in volunteering and supporting a vibrant Lakeview.

-  Approx 4-8 hours of your time
-  Great way to meet your neighbours
-  Last two weeks of May 2026
-  Training will be provided



 [info@lakeviewYYC.ca](mailto:info@lakeviewYYC.ca)

 403-242-8660



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## ABOUT NEWS & VIEWS

The Lakeview News & Views is published monthly, excluding July and August, with a print run of 2,200. Opinions expressed in submissions are the author's and are not be considered a reflection of the Lakeview Community Association. The LCA does not endorse or guarantee any products or services offered by the advertisers in this newsletter. If you live in Lakeview and you do not receive the newsletter, please call Nadia at (403) 242-8660 or email [info@lakeviewYYC.ca](mailto:info@lakeviewYYC.ca)

## Community Calander

### LCA Board Meeting

June 8, 7:00 - 9:00 pm, Field House

### LCA Door-toDoor Membership Drive

May 18 - 31, Lakeview Community

### Lakeview Family Fun Day

May 23, 2026, LCA Field

### Parade of Garage Sales

June 20, 2026, 9:00 am - 2:00 pm

## Newsletter Submissions

Send submissions to the editor; please email [lakeviewnews@lakeviewYYC.ca](mailto:lakeviewnews@lakeviewYYC.ca)

June 3, 2026 is the deadline for submissions for the July 2026 edition

## Volunteers

The Lakeview Community Association is always looking for volunteers. If you are able to volunteer for the many events that Lakeview holds, for building or grounds maintenance, to be on a Lakeview committee, such as Traffic, for our membership drive, or simply to bake treats for the bake sales, please email Nadia at [info@lakeviewYYC.ca](mailto:info@lakeviewYYC.ca) to get onto our volunteer database.

**T**he Lakeview Community acknowledges that our homes, work places, communities, schools, and services are located on the ancestral and traditional Indigenous territories of the Blackfoot and the people of the Treaty 7 region in Southern Alberta, which includes the Siksika, the Piikani, the Kainai, the Tsuu T’ina and the Stoney Nakoda First Nations. The City of Calgary is also home to the Metis Nation of Alberta, Region III.



LAKEVIEW 85<sup>TH</sup> SCOUTS' CORNER

# Community and Adventure

We're out and about in the community this month: We likely saw you for our bottle drive (thank you again!) and we'll be helping out at Lakeview Fun Day. See you there!



Stop by to say hi and find out more about Scouting. We're also getting outside as much as possible cycling, hiking and backpacking along with preparing for our end of year all-section celebration camp in June.



## About Scouts Canada

Scouts Canada's mission is to develop well-rounded youth, better prepared for success in the world through a youth-led program where kids have a say in what we do and how we do it. Everyone is welcome, Scouting in Canada has been fully inclusive for decades!

## 👁️ Make a Difference for Youth

The 85th Scouts/Vents meet on Tuesdays, Beavers on Wednesdays, and Cubs on Thursdays. And we're always looking for new Scouters. *Get in touch!*

Contact Us: [info@85th.ca](mailto:info@85th.ca)

## Drink Coffee, Support Scouting



Coffee that supports the Lakeview 85<sup>th</sup> Scouts.

Roasted in Calgary, totally delicious and free delivery!

More about our group here [www.85th.ca](http://www.85th.ca)

# COMMUNITY CONTACTS & USER GROUP

## Beavers, Cubs, Scouts, Ventures

Marshall Pope  
403-616-1920

## Bridge: Tuesday Evenings

Gord Wickens  
403-686-0551

## Community Garden

Shelley Pearson  
Kimberlee Wolfe  
[LCAcommunitygarden@gmail.com](mailto:LCAcommunitygarden@gmail.com)

## Lakeview Arts & Crafts

Linda Melnyk  
403-305-7680

## Lakeview Preschool

Britt Hill  
[preschooldirector@lakeviewyyc.ca](mailto:preschooldirector@lakeviewyyc.ca)

## Soccer

Andy Baxter  
[soccer@lakeviewyyc.ca](mailto:soccer@lakeviewyyc.ca)

## Tennis

Lakeview Community Association  
Anderson Kwong  
[tennis@lakeviewYYC.ca](mailto:tennis@lakeviewYYC.ca)

# IMPORTANT INFO TO KNOW

## Lakeview Community Association

6110 34 ST, Calgary, AB T3E 5L6  
Monday – Thursday  
9:30 a.m. – 2:30 p.m.  
(403) 242-8660  
www.lakeviewYYC.ca

## Board of Directors Meeting

Board of director meetings are held at the Lakeview Community Association Field House on the second Monday of every month and are open to the public.

## Lakeview Facility Rentals

The Lakeview Community Association is pleased to offer its facilities for rent to both members and non-members. The Main Hall at 6110 34 St. S.W. is ideal for large meetings, seminars, social and recreational events. The multi-purpose room provides a private atmosphere and is suitable for small informal meetings, birthday parties, craft workshops, etc. Phone (403) 242-8660 or email: info@lakeviewYYC.ca

## BOARD OF DIRECTORS

### Executive

**President Catherine Cooke:** president@lakeviewYYC.ca  
**First VP Des Nwaerodu:** firstvp@lakeviewYYC.ca  
**Second VP Paul Piovoso:** secondvp@lakeviewYYC.ca  
**Secretary Casey Wilson:** secretary@lakeviewYYC.ca  
**Treasurer Sabrina Pannu:** treasurer@lakeviewYYC.ca  
**Past President Jon Himmens:** pastpresident@lakeviewYYC.ca

### Board Representatives

**Casino Amir Eisenberg:** casino@lakeviewYYC.ca  
**Events Vacant:** info@lakeviewYYC.ca  
**Preschool Britt Hill:**  
preschooldirector@lakeviewYYC.ca  
**Development Lisa Sabo:** development@lakeviewYYC.ca  
**Traffic Paul Piovoso:** traffic@lakeviewYYC.ca

### Directors at Large

Cindy Slack      Kyle Surgenor      Anderson Kwong  
Erin Thompson      Marie Tremblay

### Lakeview News & Views

**Editor Erin Thompson:** lakeviewnews@lakeviewYYC.ca  
**Advertising LCA office Nadia Janssens:** (403) 242-8660  
**Nature Cathy Warwick:** lakeviewbirdblog@gmail.com  
**Lakeview Community Operations Manager**  
Nadia Janssens: (403) 242-8660, info@lakeviewYYC.ca

### Technical Support

**Webmaster Neil Speers:** webmaster@lakeviewYYC.ca  
**Office 365 Nadia Janssens:** nadia@lakeviewYYC.ca

# BELLA ROMA PIZZA & STEAK HOUSE

## JOIN US FOR SUNDAY DINNER

Every Sunday, Chef Chris creates a “Sunday Dinner” feature reminiscent of traditional home-cooked family gatherings.

Sunday: 4pm - 10pm

(We also serve Caesars, Mimosas, and Bailey’s for only \$5 on Sundays)

## \$5.50 Kids Meals

Sunday and Monday from 4:00pm to 10:00pm  
Tuesday to Saturday from 2:30pm to 5:30pm,  
children under 12 dine for only \$5.50 in our  
dining room when dining with an adult.

Choose from:

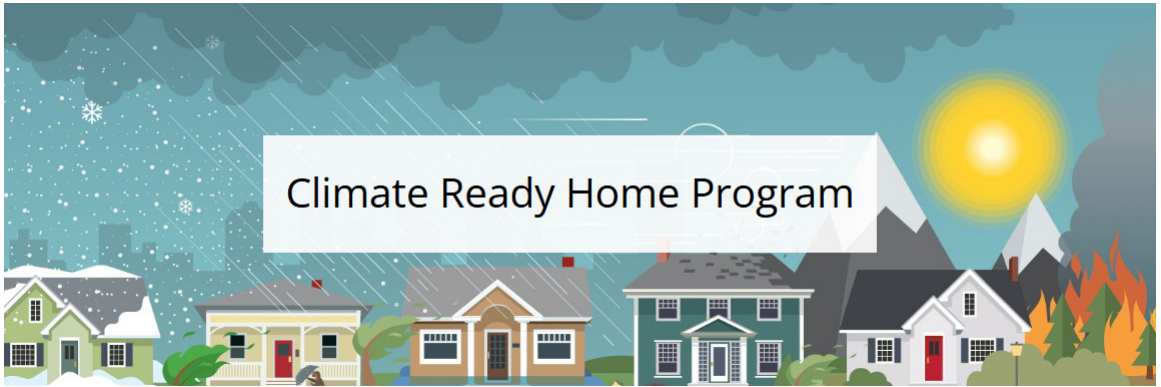
Kids Pizza, Chicken Fingers,  
Fish and Chips, Kids Spaghetti,  
Mac & Cheese, or Mini Burgers

**Kids Drink and Ice Cream included!**

## \$5.50 Happy Hour Now Available on *Saturday!*

**16oz Draft, 6oz House Wine,  
Domestic Bottles of Beer, Highballs,  
Kettle Chips, and Tater Tots**

Available in the pub and dining room  
Sunday and Monday 4:00pm to 10:00pm  
Tuesday to **SATURDAY** 2:30pm to 5:30pm



## Climate Ready Home Program

### Get ready for hail season: climate ready home tips and tools

Hailstorms can cause significant damage to homes and property. Calgary is in “hail alley”, a hotspot for hailstorms in Canada, which makes all Calgary communities at risk of being hit by hail. The City’s Climate Ready Home Program shares practical guidance to help you reduce damage risk before storm season and make more resilient repair or upgrade choices.

Start at [calgary.ca/ClimateReadyHome](http://calgary.ca/ClimateReadyHome) to:

- Review your home insurance policies to make sure you’re covered for hail damage.
- Monitor local weather forecasts and Alberta Emergency Alerts for storm watches/warnings, and if possible, store vehicles and belongings in a covered area.
- Explore home upgrades and resilient materials (for example, Class 4 impact-resistant roofing and hail resilient siding such as fibre cement) using Climate Ready Home resources as a guide.

These resources provide non-emergency guidance to help you take practical steps ahead of severe weather. Learn more at: [calgary.ca/ClimateReadyHome](http://calgary.ca/ClimateReadyHome).

#### Extend the life of your roof through routine maintenance

1. Inspect for and repair damage
2. Trim trees
3. Ensures gutters are secure
4. Remove debris from the roof
5. Look for and repair loose or missing flashing
6. Inspect for and repair leaks
7. Inspect and seal roof penetrations
8. Inspect and repair vents

*Learn more at [Hail-Smart.com](http://Hail-Smart.com)*

### **& Protect Yourself**

Homeowners should always ask to see the certification of the trades persons working on their home, and ask to see a business license.



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## What is Intimate Betrayal Trauma?

By Nancy Bergeron, R.Psych

Intimate betrayal trauma occurs when someone you deeply trust—most often a romantic partner—violates the emotional, physical, or relational safety of the relationship. This can include infidelity, compulsive sexual behavior, hidden relationships, financial deception, or ongoing dishonesty. What makes this type of trauma so uniquely painful is not just the behavior itself, but who it comes from: the person you rely on for safety, connection, and truth. This isn't just “being hurt” or “going through a breakup.” Intimate betrayal trauma disrupts your sense of reality. Many people describe it as having the ground pulled out from beneath them. The relationship you thought you were in suddenly feels uncertain or even false, and your nervous system reacts accordingly.

### What It Feels Like

The experience can be overwhelming and disorienting. Emotionally, there may be waves of shock, anger, grief, anxiety, and deep sadness—sometimes all within the same hour. Many people feel obsessive, unable to stop thinking about what happened, replaying conversations, or searching for more information.

Cognitively, confusion is common. You may question your judgment, your memory, or your ability to trust yourself. Thoughts like “How did I not see this?” or “What else don't I know?” can become constant companions.

Physically, betrayal trauma often shows up in the body. Sleep disruption, loss of appetite, nausea, fatigue, and heightened startle responses are common. Your body is reacting to a perceived

threat—because, in many ways, your sense of emotional safety has been threatened.

Relationally, you may feel torn. Part of you may want answers, closeness, or repair, while another part wants distance or protection. This internal push-pull can feel exhausting and confusing.

All of this is a normal response to an abnormal situation. Your system is trying to make sense of something that doesn't fit.

### 1. Slow things down

You don't need to decide the future of your relationship right now. Give yourself permission to pause. Trauma creates urgency, but clarity comes with time and regulation.

### 2. Get support—but choose carefully

It's important to not go through this alone, but be mindful about who you tell. Well-meaning friends or family may react strongly, offer advice that doesn't fit, or unintentionally increase your distress. Look for grounded, non-reactive support. A therapist trained in betrayal trauma can be especially helpful.

### 3. Prioritize your nervous system

Focus on basics: sleep, hydration, nutrition, and gentle movement. Even if you don't feel like eating or resting, small consistent efforts matter. Grounding practices—like slow breathing, going for a walk, or placing your feet firmly on the floor—can help regulate overwhelming emotions.

### 4. Limit information overload

The urge to know everything immediately is understandable. However, excessive questioning, checking, or investigating can intensify distress. Work toward pacing information in a way that feels

manageable, ideally with professional support.

**5. Create immediate safety**

Ask yourself: What do I need right now to feel a bit safer? This might mean emotional boundaries, physical space, or clarity about immediate next steps. Safety doesn't have to be permanent—it just needs to help you get through the moment.

**6. Be cautious with big decisions**

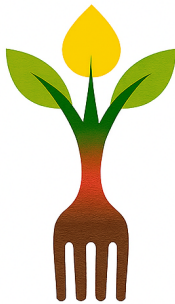
Avoid making major choices (like ending the relationship, moving out, or making financial decisions) while in acute shock. Your thinking will likely shift as the intensity settles.

**7. Remind yourself: your reactions make sense**

You are not “overreacting.” Your mind and body are responding to a rupture in trust and safety. This is what trauma looks like.



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# Seniors' Week June 1-7, 2026



## 40 Years of Connection, Contribution, and Community

Seniors' Week is an opportunity to show appreciation for older adults and the many contributions they make to our communities.

Celebrate Seniors' Week with us!

See events for all ages at:

[calgary.ca/SeniorsWeek](https://calgary.ca/SeniorsWeek)

*Don't miss free coffee for Lakeview Seniors, more info* →



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**FREE COFFEE FOR  
SENIORS WEEK  
JUNE 1-7, 2026**



**All Lakeview Community Seniors 65+  
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Seniors Week**

**Enjoy a free medium drip cup of freshly  
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2,612 SQ.FT. | 6 BEDS | 4 BATHS



**LISTED**

**38 Lissington Drive SW | \$1,699,000 | N. Glenmore Park**  
2,639 SQ.FT. | 3 BEDS | 4 BATHS



**LISTED**

**3207 Alfege Street SW**  
**\$2,900,000 | Upper Mt. Royal**  
2,971 SQ.FT. | 4 BEDS | 5 BATHS



**SOLD**

**3444 Lane Crescent SW**  
**\$2,315,000 | Lakeview**  
3,558 SQ.FT. | 5 BEDS | 5 BATHS



**SOLD**

**2735 Lionel Crescent SW**  
**\$1,050,500 | Lakeview**  
1,185 SQ.FT. | 6 BEDS | 3 BATHS  
REPRESENTED BUYER

## LAKEVIEW APRIL 2026 STATISTICS

**13**  
SALES

**15**  
NEW LISTINGS

**24**  
AVERAGE DAYS ON MARKET

**\$1,399,269**  
AVERAGE SALES PRICE

## NORTH GLENMORE APRIL 2026 STATISTICS

**10**  
SALES

**N/A**  
NEW LISTINGS

**58**  
AVERAGE DAYS ON MARKET

**\$1,325,290**  
AVERAGE SALES PRICE

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## Bird Feeder Visitors: *That aren't birds*

By Cathy Wawick

Squirrels are frequent visitors to bird feeders. Did you know we have two types in Calgary?

The one you probably see the most is called the “Eastern Grey Squirrel”. And although they are neither in the east or Grey, that's the name we are stuck with. The ones in Calgary are mostly a black colour, due to genetic mutation. It is thought that their black fur helps them stay warm during the cold Calgary winters, as it would soak up any weak winter sunlight.

These squirrels were introduced into our city in the 1930s, possibly by the zoo or someone who rejected them as pets. They have thrived in the city because of their preference for the trees we have planted. They are large and aggressive and non-native. Biologists consider them to be naturalized, meaning they aren't going anywhere. The Red Squirrel is one you will see in more natural areas, including our parks and definitely out of town. They are much cuter with their soft looking tail and white belly.

The Grey Squirrel likes to eat the seeds of Ash, Maple and Elm trees. These are grown in abundance in the city. They also like peanuts handed to them. The Red Squirrel likes cones, mostly spruce. Both these species will also eat meat too, they are opportunistic omnivores.

Basically if you want it to get closer it is probably a Red Squirrel, if you want it to go away it is probably an Eastern Grey Squirrel. This is especially true in Prince's Island Park where people feed the Squirrels. I have turned

around on a walk and have been startled to see a gang of Eastern Grey Squirrels following me, apparently thinking I had bags of peanuts stuffed in my coat.

I have a squirrel proof feeder and have watched them jump on it and gnaw at the bars trying to get in. It was fun watching their ‘Mission Impossible’ style antics. Surprisingly it didn't last long, they seemed to learn quickly to not bother and instead just forage around under it.

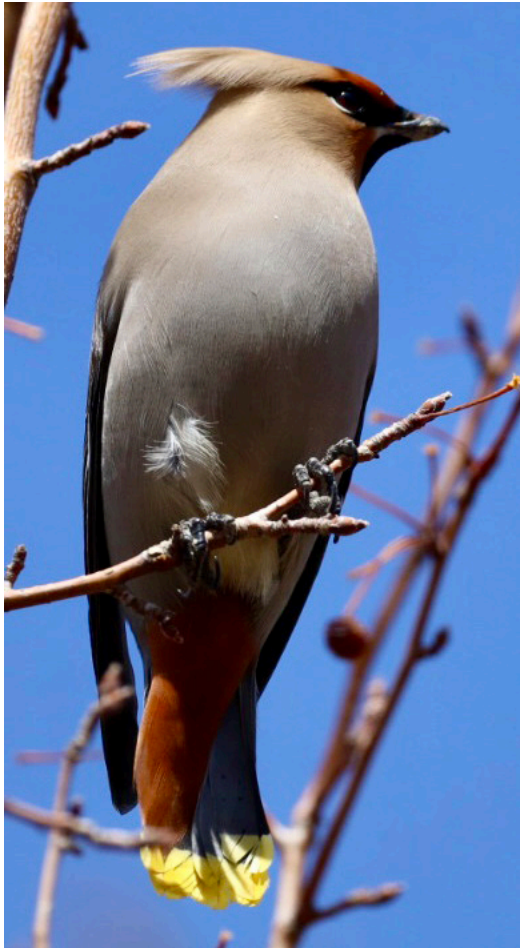
If you see a squirrel at night then it's possible it is a rare Northern Flying Squirrel, these are nocturnal.



Red Squirrel - photo by Lillith



A black Eastern Grey Squirrel



Left: Garry saw this Bohemian Waxwing in his backyard. You can note the Cinnamon undertail, a Cedar Waxwing has a light yellow undertail.

Email photos of birds and wildlife to: [lakeviewbirdblog@gmail.com](mailto:lakeviewbirdblog@gmail.com) please note



if I can publish them and use your first name.

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*Team Sulima*

Elaine's Cell: 403-540-5222

Jeff's Cell: 403-993-8990

Office: 403-253-5305

Email: [sulimae@shaw.ca](mailto:sulimae@shaw.ca)

Website: [www.elainesulima.com](http://www.elainesulima.com)

*Making Great Neighbours*

# Move More, Feel Better!

## The Problem with Pain

By Amber Kyliuk, R.Kin, Yoga Therapist

I see so many posts, articles, videos, etc.. spewing 'do's & don't's', using fear based language to get your attention as well as trying to hold your focus on the old view that pain is there because of one specific thing that is out of balance/weak/broken/not working. This leads to an argument about whether pain is mostly biological, or mostly psychological or social. **We have to move away from this separatism.** Pain is complex and recovery will work best when all contributing factors are addressed. I feel privileged to have much knowledge and experience in this area.

When I look at my lower back (I have severe degenerative disc disease as well old compound fractures and arthritis). I know that these are not going away AND I know that these issues will cause ongoing sensations, whether they are due to overdoing it physically or my nervous system reacting to mental/emotional distress. When I get in a good ride on my road bike, my back will let me know it didn't like being in that position, but I know what I can do afterwards to alleviate that. When sensations in my back arise mid day, or anytime really, and I have been overloaded with a family situation that causes me great worry, I know that the sensation isn't there because of a physical movement/load/trauma, but it is my nervous system trying to get my attention because it sees that distress as a danger.

One analogy that I love, from Ben Cormack, is seeing the body as a forest. When the forest is a healthy ecosystem and well balanced, it takes more

than a spark to set things off. When the forest is dry, out of balance, one small spark can burn it down.

Last month there was a psychological 'spark' that had nothing to do with the tissue issues I have in my back. So the work that I had to do then was not physical rehab, but psychological. Had I focused that night on pushing my pain away, or started fearing more damage in my spine, I would have likely triggered a flare up. Then the next day I would have wanted to get to the doctor/physio for fear something else was broken/damaged.

These sparks, they start the fire. Or if you have a healthy ecosystem, you watch them fall to the ground and fizzle out.

If you are someone living with pain, this doesn't mean you need to climb the Everest of knowledge that is out there. Just find that one person who can help guide you, answer your questions, and build the knowledge that relates to you personally (please find someone who follows the actual science and research and is not a wellness influencer trying to sell you something!).

In the end, with persistent pain, we need to understand that there will always be that neural pathway that can be sparked to get your attention. Keep your ecosystem balanced, practice how to work with those sparks and you'll find your path to recovery.



**THE DOGWALKER**

**Excellent references available**

**Text or call Paul. 825-964-4000**

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Lakeview resident since 1991

# SOME NEWS FROM YOUR PEWS (or, how I see it)

Greetings to all of you folks out there in 'Lakeview Land' and beyond. Hope all is well with you as we slowly ease ourselves into the summer period. And as we spend our time in so many ways during this wonderful season, may we always be mindful that through our constant 'taking care of self and others' our world will smile upon us and we'll all come much closer to that peaceful co-existence with each other – healthy, happy, and together. And speaking of together, at Lakeview United Church we will begin Worship on the Lawn once again beginning on Sunday July the 5th (10:30). Bring your own lawn chairs and coffees and we have a great assortment of musicians to share with their gifts of song. (Horizon Ridge, Brian Pearson, Barry Luft, Jenny Allen, Keith & Land Floen, and Leanne Lightfoot) I know that folks have been looking forward to this so hopefully the weather is on our side throughout the summer.

I remember years ago when I had to write a paper, a short one by-the-way, on family and friends and the importance of this. And for this monthly message, I dug up what I had put together, and I had called a part of it "The 6 B.A.s for Family & Friends". So let me know what you think of them when you read them:

*Be Assured* – Know where you are headed in your personal life. Your self-assurance will encourage and reassure your family & friends to follow your guidance.

*Be Attentive* – Keep alert to the persons inside your family & friends' bodies with real and very important emotional, spiritual needs. Listen hard and keep in tune with who they are.

*Be Available* – Have time (make time) for your family & friends. Book their events into your calendar just as diligently as you do any other engagements (i.e.: birthdays, anniversaries, etc.)

*Be Affectionate* – You can never give too much love (even to sometimes family & friends who may be out of sync). Make sure you express your love in ways that your family & friends can receive.

*Be Authoritative* – Everyone needs to know how to identify the boundaries and limits of life. Without "fences," family & friends may run scared or huddle in the middle, afraid to explore life.

*Be Affirmative* – Believe in your family and friends and value them for who they are. Encourage them – that is, "put courage into them." Inspire them – that is, feed their own unique souls.

So, there you have the 6 B.A.s for family and friends. Maybe you could add more... just let me know... have an awesome summer and continue to give thanks for life...

**Blessings of love and peace to all of you...**  
**The Rev. Jope Langejans**



3023 - 63 Ave SW Calgary, AB - T3E 5J6 - (403) 242-5760  
[www.lakeviewunitedchurch.com](http://www.lakeviewunitedchurch.com)



**Lakeview United Church**  
Seeking Spiritual Renewal and Growth in  
a Caring, Affirming Community...

# Welcome to St Laurence

Summer Services  
Sundays at 10 am

**An Intentional Community**  
**Creative ♦ Contemplative**  
**Compassionate ♦ Curious**

*Watch on  
Livestream  
or Video*



**ST LAURENCE** 5940 Lakeview Dr. SW  
ANGELICAN CHURCH Calgary

[www.stlaurence.ca](http://www.stlaurence.ca)



## Byron Wolters

November 18, 1959 to March 22, 2026

It's with much sadness that we announce the passing of Byron Wolters. The family moved to Calgary in 1963 and settled in Lakeview. Byron grew up and went to school in Lakeview. He will be greatly missed by his mother Norma and brother Kevin.

Let's Talk About

Grief



**Thursday June 11th | 7:00pm - 9:00pm**

**Centre Street Church | Lakeview Campus | 5336 Lakeview Dr SW**

**Register at [cchurch.ca/talk-grief](https://cchurch.ca/talk-grief)**

If you could walk into a room, learn a few empathy skills, and walk out with more confidence to support your grieving friend, would you do it?

That's what "Let's Talk About Grief" is for. Most people don't know what to do or say to someone who has lost a loved one.

Fear of saying the wrong thing stops many from doing anything. But it doesn't have to be awkward.

It's about making love visible by expressing empathy. And once you learn how to do that, everything changes. You are equipped and emboldened!



**Centre Street Church | Lakeview Campus | 5336 Lakeview Dr SW**

Saturday,  
June 20  
9 am - 2 pm\*



Lakeview Community Association Presents

Parade of  
**GARAGE**  
Sales

Call 403-242-8660 or email  
[info@lakeviewYYC.ca](mailto:info@lakeviewYYC.ca) to register  
and "get on the map"

Must be a Lakeview Community Association Member  
to have your address listed on the map.

*\*Open & Closing times are dependant on the vendor*



23-0028016 ADV-19641

# Don't invite bears for a midnight snack.

Here are some tips to prevent attracting bears to your carts:

- Don't put carts out overnight.
- Set your carts out no earlier than 5 a.m., and no later than 7 a.m. on collection day.
- Put your carts away after collection, no later than 7 p.m.
- Store your carts inside a garage or other secure enclosure.

Let's keep your neighbours and any visiting bears safe.

[calgary.ca/bearsmart](https://calgary.ca/bearsmart)



# Calgary



# June 2026

## Celebrate Neighbour Day!

Get ready to celebrate Neighbour Day on Saturday, June 20! Gather your neighbours, fire up the BBQ and bring your community together for some fun.

Neighbour Day is our city's annual celebration of community spirit and connection. Held every year on the third Saturday in June, it's a chance to connect, meet new faces and strengthen the sense of community where you live. Whether it's a quick hello, sharing food or helping a neighbour out, those small connections can spark meaningful connections.

On June 20, in addition to Neighbour Day events, Sport Calgary's All Sport One Day will give children a free opportunity to try a new sport at sites across Calgary.

Show us how you're celebrating! Share your Neighbour Day moments on social media using #YYCNeighbourDay.



As weather improves and school activity continues, neighbourhood streets near schools often experience increased congestion. One common issue is vehicles blocking residential driveways during drop-off and pick-up times.

Parking too close to driveways can prevent residents from entering or leaving their homes and can delay service or emergency vehicles. These rules exist to protect access and safety for everyone—not just drivers.

When school areas feel crowded, parking a little farther away helps prevent spillover into neighbourhood streets. Respecting driveways, crosswalks and safety zones reduces conflict and keeps traffic moving more smoothly.

Safe parking helps create respectful, accessible neighbourhoods for families, students and residents alike. Learn more: [calgaryparking.com/safeschools](http://calgaryparking.com/safeschools).

## Keeping driveways clear near schools

# LAKEVIEW CLASSIFIEDS

## **LIGHTEN UP ELECTRIC LTD:**

Lakeview born and raised. Home renovations of all kinds: lighting, Kitchens, Bathrooms, Basements, Panel changes, Garages, Service Calls. Any electrical need, we've got you covered! Give us a call for a quote or any inquiries you may have! We'd be happy to talk through them with you. Call Palmer at 403-771-4715 or [lightenupelectricltd@gmail.com](mailto:lightenupelectricltd@gmail.com)

## **Experienced Dog Sitter -**

Pet owner and dog lover! Calling all vacation dogs for pet sitting while parents are away! Pets get regular walks, spend time relaxing and enjoy some affection. Experienced with anxious dogs also! Call or text Meghan 403-861-5703

## **COD Delivery Services:**

Local delivery available for items that fit into a minivan. Cash on delivery. Prompt, safe, courteous service. Phone/text: 403-671-8675

## **Lakeview Living Estate Sale**

Friday May 29<sup>th</sup> & Saturday May 30<sup>th</sup>, 10am - 4pm on 63 Avenue SW east of the tennis courts, watch for the signs.

## **Dave's Plumbing and Heating:**

Master plumber, gas fitter, Lakeview resident. Repairs or new installations. Plumbing, furnaces, boilers, water filters and softeners, hot water tanks, drain cleaning, renovations. Residential or commercial. Call David at 403-614-3755.

## **One of Calgary's top piano**

teachers now accepting new students. 35 years of teaching experience, award winning students, year round performance opportunities. Contact Peter Rudzik at [peter.rudzik@me.com](mailto:peter.rudzik@me.com), 403-477-7952, [www.peterrudzik.com](http://www.peterrudzik.com)

## **Lakeview HomeWorks:**

Fix what's broken or improve your home's look and functionality. I'm licensed, insured, experienced, and I've been in Lakeview since 2010. Please call Paul to discuss your general repair needs or renovation plans--bathrooms, decks, windows, etc. 403.510.6137, [lakeviewhomeworks.ca](http://lakeviewhomeworks.ca)

## **Counterpoint Dance Academy**

- North Glenmore Park: Join the magic of dance at the NGP Community Association! We offer engaging Preschool and Ballet/Jazz combo classes designed to inspire young artists. We're proud to offer a vibrant and encouraging space where every child can shine, grow, and twirl to their heart's content. Call or text: 403-615-0103

**I clean homes!** Expect professional, experienced service. New clients wanted in Lakeview only. I am a Lakeview resident. Local references available. Call Yalille for a free estimate. 403-888-3309

## **Ballet School Lakeview:**

Susie von Hellerman, registered member of the R.A.D. Trained & danced professionally in Europe. Pre-ballet age 3 & up. Childred & majors, Adults Beginning to Advanced. Call 403-246-2208

## **Lakeview Seamstress**

specializing in all types of alterations and sewing projects. Including tailoring, hemming, repairs, zipper replacements, drapery, blinds & cushions. Contact: 403-242-3462 or email: [lakeviewalterations@gmail.com](mailto:lakeviewalterations@gmail.com)

## **Cleaning Service:**

Excellent Ref. Insured & WCB coverage. Weekly, biweekly. Reasonable prices. For free estimates, call Maria at 403-606-6977

## **ADVERTISE IN THE LAKEVIEW NEWS & VIEWS!**

Support the community of Lakeview with affordable advertising had delivered to over 2,200 homes. Email for pricing or more information: [info@lakeviewYYC.ca](mailto:info@lakeviewYYC.ca)

# PET(S) OF THE MONTH

## Bestest Friends



This is Finn and his best friend Maple. Finn is a springer spaniel doodle and Maple is a golden retriever. They are both two years old and have been friends since they were puppies.

Finn loves to spend his days going for walks, looking out the window and squirrel watching (hoping that one day he might catch one). Maple loves playing fetch, going for walks and loves to cuddle.

Finn and Maple love to play, wrestle and run around River Park off leash. They both have loving families.

**YOUR  
PET  
HERE**

Do you have an adorable pet? The Lakeview Community wants to meet them! Email a picture and brief description to:  
[lakeviewnews@lakeviewYYC.ca](mailto:lakeviewnews@lakeviewYYC.ca)



# Area Specialist Since 2001 RON GARNEAU

Proud Supporter of the Lakeview Community

Lakeview  
MLS# A2307644



**JUST LISTED**

5923 Londonderry Cres SW

Lakeview  
MLS# A2300461



**EXECUTIVE FAMILY HOME**

5927 34 St SW

Altadore  
MLS# A2304239



**FAMILY FRIENDLY COMMUNITY**

2052 46 Ave SW

Lakeview  
MLS# A2268933



**SOLD**

6312 Lacombe Way SW

\$2,250,000

Lakeview Village  
MLS# A22086743



**SOLD**

6725 Livingstone Dr SW

\$1,900,000

Lakeview  
MLS# A2291376



**SOLD**

3424 58 Avenue SW

\$1,300,000



## What is your home worth???

Call or email me today!

Ron Garneau • (403) 830-1009 • [rongarneau@gmail.com](mailto:rongarneau@gmail.com)



## RON GARNEAU



# SELL HOMES, IT'S WHAT WE DO!