



YOUR COMMUNITY  
YOUR NEWS  
YOUR VIEWS



Volume 31

# News & Views

## PRESIDENT'S MESSAGE

We hope everyone is enjoying the milder weather. Unfortunately, our ODR has had a challenging season due to water restrictions and unseasonably warm temperatures. During its closure, those looking for a place to skate can check out the public skate at Flames Community Arena on Sundays from 2:00–3:15 p.m. Drop-in is free for LCA members. A date for the public hearing to repeal blanket rezoning has been set - March 23, 2026. If this is an important issue to you, write to Councillor Rob Ward and the mayor as well as submit a letter via the City's website. Register to speak at the hearing and talk to your neighbours about attending. More information can be found here: [calgary.ca/council/meetings/public-hearing](http://calgary.ca/council/meetings/public-hearing)

### Lancaster Park Revitalization Project

Exciting news! The LCA was awarded precisely \$231,920.52 from the City of Calgary Capital Conservation Grant to complete the upgraded subbase and refurbish the courts and fencing. With this funding secured, we can now start planning

the construction of the new tennis courts for this spring/summer. We've also submitted our application to the Alberta government for CFEP funding (a matching grant of up to \$125k) which would help pay for the larger Lancaster Park scope. We are in the process of finalizing the project plan and budget, with fundraising roll out to follow.

### Safer Routes to School/ A Playful Playground Zone Project/66th Avenue Bike Path

Concerns have been raised about icy conditions on the painted sidewalk. The Lakeview Community Association has shared these concerns with the City and is working collaboratively to explore improvements. The slope in this area can contribute to water pooling and freezing during freeze-thaw cycles, which can create slippery conditions. Recent weather has also made many sidewalks throughout the community hazardous. Residents, businesses and the schools are encouraged to help improve safety by applying salt or sand to icy areas on their property.

*continued on page 2*

FOR  
YOU

Published by the Lakeview Community Association & Prepared by  
community volunteers

The LCA met with the Ward 11 office as well as City administration on an end-to-end concept for 66th Avenue, specifically in regards to a raised multiuse pathway on the south side of 66th Avenue. This bike path is included in the City's 10 year implementation plan. However, this year's budget will likely prioritize water infrastructure repairs. We will continue to advocate for this important connector for our community, as it would enable the installation of additional crosswalks along 66th Avenue and significantly improve cyclist safety. Thank you to the volunteers that have contacted Nadia about helping to paint the flowers that will be installed along the Jennie Elliott fence. Volunteers are required for the following dates: March 5-7, 12-14, and 19-21. Please email Nadia at [info@lakeviewyyc.ca](mailto:info@lakeviewyyc.ca) if you are interested in helping out.

### Community Concerns

The TELUS cellphone tower at the Lakeview United church will be starting construction imminently with completion this Spring. Now that the snow has melted, the dog run along 66th Avenue has revealed all the waste that hasn't been picked up over the winter. It's unpleasant for everyone walking by. Please, please, please pick up after your pet.

### Volunteer Opportunity

Wow, Lakeview, you really stepped up for the casino this year. Thank you to everyone that signed up. There are a few spots left if you're interested in meeting your neighbours while helping the LCA secure its largest funding source. We are also looking for someone to fill the facilities Lead role, events and planning and development lead.

### Upcoming Events

February 2, 2026 - LCA preschool registration opens  
February 13, 2026 - Lakeview soccer registration opens  
March 2 & 3, 2026 - LCA casino at the Deerfoot Inn and Casino  
March 23, 2026 - Public hearing to repeal blanket rezoning  
April 4, 2026 - Easter Eggstravaganza petting zoo and Easter egg hunt

Lastly, we would like to extend our warmest wishes to all those celebrating Lunar New Year. May this year bring you good health, prosperity, and happiness.

Sincerely,  
Catherine Cooke, MBA  
President  
Lakeview Community Association



### Parented Music Classes for Children

Age: 0-24 months, 2-4 year olds  
Classes: Tuesdays & Wednesdays  
Phone: 403-479-7952  
[ladybugbabymusic.com](http://ladybugbabymusic.com)



# CASINO

## *Volunteers Needed*

**Do you & your family enjoy the facilities offered by the Lakeview Community Association?**

**Have you played on the tennis courts or soccer fields, skated on the ice rinks, attended activities in the hall or rented the hall?**

**We need a minimum of 40 volunteers to cover all the different shifts (day & night). If you think you can help, please scan the QR code below to sign up for a volunteer position.**

Funds raised from these casinos are primarily used for maintaining the LCA buildings and grounds, the ice rinks, tennis courts, and any capital expenses.

**March 2 & 3, 2026**

Deerfoot Inn & Casino (SE)

**FREE Food & an invaluable help to your community association!**

*www.lakeviewYYC.ca or  
403-242-8660*

Scan to  
Sign-up!





# IN THIS ISSUE

President’s Message ..... 1  
 Community Contacts ..... 5  
 LCA Board of Directors ..... 6  
**Community News:**  
 Lakeview Community Soccer ..... 8  
 Calgary Events ..... 10  
 Nature ..... 14  
 News From the Pews..... 16  
 Mental Health Moment..... 18  
 Youth Hiring Fair..... 20  
 City of Calgary Update ..... 21  
 Classifieds ..... 22  
 Pet of the Month..... 23

## ABOUT NEWS & VIEWS

The Lakeview News & Views is published monthly, excluding July and August, with a print run of 2,200. Opinions expressed in submissions are the author's and are not be considered a reflection of the Lakeview Community Association. The LCA does not endorse or guarantee any products or services offered by the advertisers in this newsletter. If you live in Lakeview and you do not receive the newsletter, please call Nadia at (403) 242-8660 or email [info@lakeviewYYC.ca](mailto:info@lakeviewYYC.ca)

## Community Calander

### LCA Board Meeting

March 9, 7:00 - 9:00 pm, Field House

### Lakeview Casino

March 2 & 3, 2026, Deerfoot Inn & Casino

### Wine Appreciation Night

March 11, 2026, LCA Main Hall

### Easter Eggstravaganza

April 4, 2026, LCA Field

### LCA Flower Sale

May 9, 2026, LCA Parking Lot

### Lakeview Family Fun Day

May 23, 2026, LCA Field

## Newsletter Submissions

Send submissions to the editor; please email [lakeviewnews@lakeviewYYC.ca](mailto:lakeviewnews@lakeviewYYC.ca)

March 4, 2026 is the deadline for submissions for the April 2026 edition

## Volunteers

The Lakeview Community Association is always looking for volunteers. If you are able to volunteer for the many events that Lakeview holds, for building or grounds maintenance, to be on a Lakeview committee, such as Traffic, for our membership drive, or simply to bake treats for the bake sales, please email Nadia at [info@lakeviewYYC.ca](mailto:info@lakeviewYYC.ca) to get onto our volunteer database.

**T**he Lakeview Community acknowledges that our homes, work places, communities, schools, and services are located on the ancestral and traditional Indigenous territories of the Blackfoot and the people of the Treaty 7 region in Southern Alberta, which includes the Siksika, the Piikani, the Kainai, the Tsuu T’ina and the Stoney Nakoda First Nations. The City of Calgary is also home to the Metis Nation of Alberta, Region III.



LAKEVIEW 85<sup>TH</sup> SCOUTS' CORNER

# Happy New Year Neighbours

February and late January were good to us in terms of mild temperatures this year, so Beavers, Cubs, Scouts and Venturers alike have been sure to take advantage of it through challenge camps, hikes and time around the fire. Indoor fun has still been had with Beaver Buggies, Cub Kars and engineering challenges. The groups have also been casting their imaginations to the future starting to plan our big end of year adventures. We hope you've been getting outside as much as we have!



## About Scouts Canada

Scouts Canada's mission is to develop well-rounded youth, better prepared for success in the world through a youth-led program where kids have a say in what we do and how we do it. Everyone is welcome, Scouting in Canada has been fully inclusive for decades!

## 👁️ Make a Difference for Youth

We are always looking for Scouters. Share your skills or simply volunteer and offer your time to help mentor. *Get in touch!*

Contact Us: [info@85th.ca](mailto:info@85th.ca)

**Drink Coffee,  
Support Scouting**



Coffee that supports the Lakeview 85<sup>th</sup> Scouts.

Roasted in Calgary, totally delicious and free delivery!

More info here [www.85th.ca](http://www.85th.ca)

## COMMUNITY CONTACTS & USER GROUP

### Beavers, Cubs, Scouts, Ventures

Marshall Pope  
403-616-1920

### Bridge: Tuesday Evenings

Gord Wickens  
403-686-0551

### Community Garden

Shelley Pearson  
Kimberlee Wolfe  
[LCACommunityGarden@gmail.com](mailto:LCACommunityGarden@gmail.com)

### Lakeview Arts & Crafts

Linda Melnyk  
403-305-7680

### Lakeview Preschool

Britt Hill  
[preschooldirector@lakeviewyyc.ca](mailto:preschooldirector@lakeviewyyc.ca)

### Soccer

Andy Baxter  
[soccer@lakeviewyyc.ca](mailto:soccer@lakeviewyyc.ca)

### Tennis

Lakeview Community Association  
Anderson Kwong  
[tennis@lakeviewYYC.ca](mailto:tennis@lakeviewYYC.ca)

# IMPORTANT INFO TO KNOW

## Lakeview Community Association

6110 34 ST, Calgary, AB T3E 5L6  
Monday – Thursday  
9:30 a.m. – 2:30 p.m.  
(403) 242-8660  
www.lakeviewYYC.ca

## Board of Directors Meeting

Board of director meetings are held at the Lakeview Community Association Field House on the second Monday of every month and are open to the public.

## Lakeview Facility Rentals

The Lakeview Community Association is pleased to offer its facilities for rent to both members and non-members. The Main Hall at 6110 34 St. S.W. is ideal for large meetings, seminars, social and recreational events. The multi-purpose room provides a private atmosphere and is suitable for small informal meetings, birthday parties, craft workshops, etc. Phone (403) 242-8660 or email: info@lakeviewYYC.ca

## BOARD OF DIRECTORS

### Executive

**President Catherine Cooke:** president@lakeviewYYC.ca  
**First VP Des Nwaerendu:** firstvp@lakeviewYYC.ca  
**Second VP Paul Piovoso:** secondvp@lakeviewYYC.ca  
**Secretary Casey Wilson:** secretary@lakeviewYYC.ca  
**Treasurer Sabrina Pannu:** treasurer@lakeviewYYC.ca  
**Past President Jon Himmens:** pastpresident@lakeviewYYC.ca

### Board Representatives

**Casino Amir Eisenberg:** casino@lakeviewYYC.ca  
**Events Vacant:** info@lakeviewYYC.ca  
**Preschool Britt Hill:**  
preschooldirector@lakeviewYYC.ca  
**Development Lisa Sabo:** development@lakeviewYYC.ca  
**Traffic Paul Piovoso:** traffic@lakeviewYYC.ca

### Directors at Large

Cindy Slack      Kyle Surgenor      Anderson Kwong  
Erin Thompson      Marie Tremblay

### Lakeview News & Views

**Editor Erin Thompson:** lakeviewnews@lakeviewYYC.ca  
**Advertising LCA office Nadia Janssens:** (403) 242-8660  
**Nature Cathy Warwick:** lakeviewbirdblog@gmail.com  
**Lakeview Community Operations Manager**  
Nadia Janssens: (403) 242-8660, info@lakeviewYYC.ca

### Technical Support

**Webmaster Neil Speers:** webmaster@lakeviewYYC.ca  
**Office 365 Nadia Janssens:** nadia@lakeviewYYC.ca



**Lakeview  
Dental Centre**  
Family & General Dentistry  
lakeviewdentalcentre.com

**Dr Violet Newman**  
Caring not just about your Teeth,  
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## Lift, Rejuvenate, Glow.

Lakeview Dental Centre is excited to launch **Lakeview Medspa**,  
introducing the latest **non-invasive beauty**.

**Emface** - tone facial muscles + smooth skin-no needles!

**Exion Fractional RF** - Deep skin resurfacing for tighter,  
younger-looking skin.

**Clear** - Target acne, redness & uneven tone for a radiant complexion.

All Services are provided by General Dentist

 #104 - 6449 Crowchild Trail S.W.

Monday – 11:00 a.m. to 7:00 p.m.  
Tuesday – 11:00 a.m. to 7:00 p.m.  
Wednesday – 8:00 a.m. to 3:00 p.m.  
Thursday – 8:00 a.m. to 3:00 p.m.  
Friday – 11:00 a.m. to 3:00 p.m.

 facebook.com/CalgaryLakeviewDentalCentre

 instagram.com/lakeviewdentalcentrecalgary

To request an appointment simply  
call at **(403) 242-5900**

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# LAKEVIEW BOBCATS COMMUNITY SOCCER

## REGISTRATION NOW OPEN

Lakeview Bobcats Community Soccer is a fun and non competitive initiative in our community. We offer 6 different age groups and sessions run twice a week from mid-April to mid-June. U4's run once per week from 5:45 - 6:15pm. The program is run exclusively by the Lakeview Community Association through volunteers.

Registration closes  
March 10, 2026

**APRIL 20 - JUNE 11**

**6:30 - 7:30 PM**

- ✓ U4 - Born in 2022 & 2023
- ✓ U6 - Born in 2020 & 2021
- ✓ U8 - Born in 2018 & 2019
- ✓ U10 - Born in 2016 & 2017
- ✓ U13 - Born in 2013, 2014, 2015
- ✓ U17 - Born in 2009, 2010, 2011 & 2012



For more information, or to volunteer, reach out to Andy at [soccer@lakeviewYYC.ca](mailto:soccer@lakeviewYYC.ca)



\$80 + GST + fees - includes team shirt, photo & award  
\$50 + GST + fees - includes team shirt, photo & award - U4's  
\$30 LCA membership required

Registration: Scan the QR code to register or log onto  
<https://leagues.teamlinkt.com/lakeviewyyc/Home>





## Junk & Juice 2.0 Wine Tasting Evening

Back by popular demand, Junk & Juice 2.0. Watch how Fergus Bone from Partridge Wine Imports masterfully pairs our favourite junk foods with delicious wine.

**March 11th**

**7:00 pm doors open**

**7:30 pm event starts**

**\$35 + service fee & GST**

**Lakeview Community Hall**

NO WALK-INS will be allowed

Members & Invited Guests Only. Non-refundable

Please remember to bring **6 wine glasses**

Registration  
opens February  
11th & closes  
March 6th!

Grab your friends and neighbours, groups of 6 or more will be allowed to reserve a table. **IMPORTANT:** Group reservations must be made and paid for by one LCA member. As per AGLC liquor license, an active membership is required. Non-member guests **MUST** be registered by an active LCA member.

Register online or scan the QR code:  
<https://lakeviewyyc.ca>



# LAKEVIEW COMMUNITY FUNDRAISER Spring Flower Sale



**ORDER DEADLINE: APRIL 24**  
ORDER PICK-UP: May 9 - LCA  
Order & Pay Online or at the LCA Office



Petunias • Marigolds • Geraniums • Assorted Veggies  
Patio Planters • Hanging Strawberries • And more...

## March Calgary Events

### YYC Food & Drink Experience 2026

Indulge in 17 days of exceptional dining during YYC Food & Drink Experience, Calgary's premier culinary event. With over 70 restaurants participating, this is your chance to explore new flavours and experience the best of Calgary's dining culture.

**Where:** Various locations

**When:** March 13 - 29

### 2026 World Women's Curling Championship

Following the 2026 Winter Olympics, the world's top women's curling teams compete in Calgary at the 2026 World Women's Curling Championship. Watch elite international athletes battle for gold in one of the sport's premier global events.

**Where:** WonSport

**When:** March 14 - 22

### Artemis II Live Launch Viewing

Watch the Artemis II launch live at TELUS Spark and explore space-inspired experiences across the Science Centre. Don't miss this once-in-a-generation moment in history.

**Where:** TELUS Spark Science Centre

**When:** March 14

### Marsh Madness at Bow Habitat Station

Step into the wild world of Alberta's wetlands during Marsh Madness. Discover how animals and plants survive in shifting waters and why marshes play a key role in keeping Alberta's water clean and healthy.

**Where:** Bow Habitat Station

**When:** March 20





# Look after yourself

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Physiotherapy Clinic  
#11-6449 Crowchild Trail SW

403.249.5253 • [lakeviewphysio.ca](http://lakeviewphysio.ca) • [reception@lakeviewphysio.ca](mailto:reception@lakeviewphysio.ca)

# HOMES WANTED!

***I have several qualified buyers ready to purchase homes in Lakeview, Lakeview Village and North Glenmore. If your home matches any of the following criteria... please call me at 403-389-7969.***



## **LAKEVIEW**

Attached/Detached homes & Townhomes



## **LAKEVIEW VILLAGE**

Estate Homes



## **NORTH GLENMORE**

Attached/Detached Homes



## **daniel weiner**

LAKEVIEW RESIDENT + AREA SPECIALIST

# **403-389-7969**

**daniel@danielweiner.ca   danielweiner.ca**

**HOMES ARE SELLING FAST!**

**24 HR HOME EVALUATIONS**

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@DANIELWEINERYYC

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# MY RECENT COMMUNITY LISTINGS AND SALE



**LISTED**

**3444  
LANE CRESCENT SW**

**LAKEVIEW | \$2,575,000  
5 BEDS | 3 BATHS | 3,558 SQ.FT.**

**SOLD**



**6729 Leeson Court SW | \$1,205,000 | Lakeview**  
1,468 SQ.FT. | 3 BEDS | 3 BATHS | BUYER REPRESENTED

**SOLD**



**6014 37 Street SW | \$1,045,000 | Lakeview**  
2,313 SQ.FT. | 6 BEDS | 5 BATHS | BUYER REPRESENTED

## LAKEVIEW JANUARY 2026 STATISTICS

<b>5</b> SALES	<b>9</b> NEW LISTINGS	<b>43</b> AVERAGE DAYS ON MARKET	<b>\$1,213,000</b> AVERAGE SALES PRICE
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## NORTH GLENMORE JANUARY 2026 STATISTICS

<b>3</b> SALES	<b>7</b> NEW LISTINGS	<b>20</b> AVERAGE DAYS ON MARKET	<b>\$1,013,333</b> AVERAGE SALES PRICE
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# daniel weiner

LAKEVIEW RESIDENT + AREA SPECIALIST

# 403-389-7969

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[daniel@danielweiner.ca](mailto:daniel@danielweiner.ca) [danielweiner.ca](http://danielweiner.ca)



f @ x in v  
@DANIELWEINERYC



REMAX REALTY PROFESSIONALS

# The Adorable Red-breasted Nuthatch

By Cathy Wawick

A common sound while walking around Calgary in winter is a nasally and slow sounding birdsong that sounds like 'yank yank yank'. A loud song coming from a tiny bird - the Red-breasted Nuthatch. This adorable bird was in the running for the official bird of Calgary but only came in 5th place. They may be harder to see than the Chickadee but they are just as cute!

These little birds love the trunk of a tree, they look for insects in the bark. It has three front toes and



Alberta Institute for Wildlife Conservation

one large back toe, allowing it to go up, down or sideways on the bark. Their nickname is the 'upside down bird', and they do appear to have little regard for gravity. In the winter they switch from insects to seeds. They are also happy to eat food from a bird feeder and are a common visitor to look for. Who doesn't love a free lunch!



An Upside Down bird - Photo: wikimedia commons

The Red-breasted Nuthatch prefers to nest in tree cavities. They have an interesting quirk where they line the door of their nest with tree resin. The sticky sap is perhaps a trap for other birds, the Nuthatch avoids it by diving into the nest. They are little

acrobats so it is no problem for them, perhaps they throw in a somersault also, I couldn't find any video of this behaviour so I can't be sure.

Don't confuse the Red-breasted Nuthatch with the blank faced White-breasted Nuthatch. Look for the cinnamon belly and suave black stripe through the eye. If you get a really good look you will see their overly large feet and also a long beak. Keep your eye out for them, they are very conspicuous in the winter versus the summer.

Email photos of birds and wildlife to:  
[lakeviewbirdblog@gmail.com](mailto:lakeviewbirdblog@gmail.com) please



note if I can  
publish them  
and use your  
first name.



**CONNECT**  
CHARTER SCHOOL

# Playground Replacement



the new equipment offers a variety of play experiences. To ensure a timely replacement of a plan for a new playground, the school will be fundraising the estimated replacement cost of \$500,000.

**F**or the last fifteen years, students and children in the lakeview community have enjoyed the playground at the Connect Charter school. Over the last several years with heavy daily use, many of the play structure components have worn out or broken. Unfortunately, these sections are not able to be sourced from the original supplier for replacement and must be removed entirely.

The school has spent considerable time planning the new playground with students to ensure that

There will be some closures of the playground while construction happens in spring 2027. More information will be shared closer to the time.

If you would like to support the school with this project, there are several ways to get involved. A silent auction will be held in March. Everyone is welcome to donate auction items or participate in the online bidding. Cash donations can also be made directly to the project at the following page: [connectcharter.ca/playground](http://connectcharter.ca/playground)



**THE DOG WALKER**  
**LAKEVIEW AND AREA**  
**DAILY OR AS REQUIRED**  
**TEXT OR CALL PAUL**  
**825 964 4000**

# SOME NEWS FROM YOUR PEWS (or, how I see it)

Hello once again as the monthly 'News from the Pews' comes your way. This edition takes us well into the latter parts of February and going deeper into the month of March... and yes... spring does happen on March the 20<sup>th</sup> (and in Alberta, as we know, any sort of weather could always come our way). My focus with this message pertains to the upcoming season of Lent and the Passion Week, which begins on March the 29<sup>th</sup>. These periods are central to Christianity and are observed across the world in many and various different and sometimes curious ways to some.

**Lent** – This has often been referred to as the season of spring and the lengthening of days. It falls 40 days before Easter Sunday and not counting the Sunday's in-between. It's also been classified in the French language as *lente* which means "to move slowly". Lent is a time for introspection, repentance, and opening ourselves to the Spirit's call. The colour of this season is purple. (February 18 – March 28)

**Shrove Tuesday** – This day marks the end of the pre-Lenten season and is called Shrovetide. It is the last night of eating richer or fatty foods before the ritual fasting of Lent. It's also the day of the Mardi Gras. We celebrate it here with what is now known as a Pancake supper. (February 17)

**Ash Wednesday** – the beginning of the Lent-Easter cycle and the burnt ashes from the previous year's palms are inscribed on one's

forehead or wrist with the sign of the cross or a special blessing. This is considered a sign of atonement, sorrow or possibly mourning. (February 18)

**Holy Week** – This week begins with Palm Sunday as Jesus enters Jerusalem and ends with Easter Sunday when the resurrection happens. Palms were strewn down in front of Jesus as he rode into the city, presumably on a donkey or a colt. The colours of this week are beginning with red, moving to black, and Easter Sunday's white.

**Palm Sunday (March 29) - Holy Week (March 29 – April 5)**

**The Triduum** – Maundy Thursday, Good Friday, Holy Saturday, the last three days of Holy Week. Maundy Thursday is usually the Last Supper. Good Friday is the walk of the cross and the crucifixion and Holy Saturday is spent in prayer.

**Easter Sunday** – The resurrection of the crucified Jesus.

This is just a quick overview of what to expect in the coming months or so in many of the communities of faith in this neighbourhood and beyond. I would encourage you to be a part of one or many of these special dates and in the next Lakeview New & Views, a more detailed program will be coming your way for the happenings of Holy Week and Easter Sunday.

**Blessings of love and peace to all of you...**  
**The Rev. Jope Langejans**



3023 - 63 Ave SW Calgary, AB - T3E 5J6 - (403) 242-5760  
[www.lakeviewunitedchurch.com](http://www.lakeviewunitedchurch.com)



**Lakeview United Church**

Seeking Spiritual Renewal and Growth in  
a Caring, Affirming Community...

# BELLA ROMA PIZZA & STEAK HOUSE

## JOIN US FOR SUNDAY DINNER

Every Sunday, Chef Chris creates a “Sunday Dinner” feature reminiscent of traditional home-cooked family gatherings.

Sunday: 4pm - 10pm

(We also serve Caesars, Mimosas, and Bailey’s for only \$5 on Sundays)

**Save 15%**  
off your take-out and delivery  
orders using discount code  
**SPRING15**

when you order online or on our app from  
February 1, 2026 to April 30, 2026.  
Download it by scanning this QR code



or visit [www.bellaroma.ca](http://www.bellaroma.ca)

## \$5.50 Happy Hour

Available in the pub and dining room  
Sunday and Monday 4:00pm to 10:00pm  
Tuesday to Friday 2:30pm to 5:30pm

**16oz Draft, 6oz House Wine,  
Domestic Bottles of Beer, Highballs,  
Kettle Chips, and Tater Tots**

## \$5.50 Kids Meals

Sunday and Monday from 4:00pm to 10:00pm  
Tuesday to Friday from 2:30pm to 5:30pm,  
children under 12 dine for only \$5.50 in our  
dining room when dining with an adult.

Choose from:  
Kids Pizza, Chicken Fingers,  
Fish and Chips, Kids Spaghetti,  
Mac & Cheese, or Mini Burgers

**Kids Drink and Ice Cream included!**

# Mental Health Moment

## How to Call a Family Meeting About Caring for Aging Parents

By Nancy Bergeron, R.Psych

As parents age, families often find themselves facing new responsibilities and having to make practical decisions. Without open communication, caregiving can become stressful, unevenly shared, and full of unspoken expectations. A family meeting can help create clarity, reduce conflict, and ensure everyone is working together with compassion and shared understanding.

### Why a Family Meeting Matters

Aging is gradual—until it isn't. A sudden health event can force families into crisis mode. A proactive family meeting allows siblings and parents to talk about preferences, responsibilities, and concerns before decisions become urgent. It also helps prevent one person from carrying the caregiving burden alone.

### How to Invite Everyone

Keep the invitation collaborative and future-focused. For example:

"I've been thinking about how we can best support Mom and Dad as they get older. I'd really like us to talk about planning ahead so we're not scrambling later. Could we set aside some time to meet?"

### Setting the Tone

Begin with reassurance and shared purpose. Acknowledge that this can be emotional and that everyone has different capacities. Helpful guidelines include listening without interrupting, avoiding blame, and keeping parents' dignity and wishes at the center of the conversation.

**1. Parents' Wishes and Values** - If possible,

include your parents in the conversation. Discuss where they want to live, what independence means to them, and preferences for in-home care, assisted living, or long-term care. Clarify how they want medical decisions handled if they cannot speak for themselves.

**2. Current Needs and Observations** - Talk about what is happening now, such as memory changes, mobility issues, driving safety, medication management, emotional wellbeing, and home safety concerns. This is about noticing patterns, not diagnosing.

**3. Roles and Responsibilities** - Caregiving often becomes uneven by default. Discuss who lives nearby, who has flexible schedules, and who can help with appointments, finances, technology, or emotional support. Focus on realistic capacity and willingness, not obligation.

**4. Financial Planning and Boundaries** - Money can be sensitive, but avoiding it often leads to resentment. Discuss who manages finances, power of attorney, how care costs will be handled, and whether siblings will contribute financially. Setting clear boundaries helps prevent one person from quietly subsidizing care.

**5. Medical and Legal Planning** - Consider advance directives, living wills, medical and financial power of attorney, emergency contacts, and end-of-life preferences. Frame these conversations as preparing for peace of mind, not anticipating loss.

**6. Communication and Decision-Making** - Decide how updates will be shared, who will be the primary contact with healthcare providers, and how decisions will be made. Clear communication

reduces misunderstandings and family conflict.

**7. Supporting the Caregivers** - Caregiving can lead to burnout and resentment. Discuss respite care, taking breaks without guilt, and how siblings can support the primary caregiver.

You do not need to solve everything at once. Summarize key points, identify a few next steps, assign follow-up tasks, and schedule another check-in. End with appreciation for everyone's willingness to engage in this important conversation. Family meetings about aging parents can bring up old family dynamics and strong emotions. This is normal. The goal is not perfection—it is clarity, shared responsibility, and compassion. Starting the conversation early is one of the most loving steps a family can take.

**DOUG'S RIGHT  
HAND SERVICES**

**Serving Lakeview for the  
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*Making Great Neighbours*

**Review your  
property  
assessment**

**2026 Annual review period**

**January 14, 2026** – Annual notices of assessment mailed.

**March 23, 2026** – Last day to contact Assessment and file formal complaints to the Assessment Review Board.

**Calgary**



"Find work that  
works for you."

**Youth Employment Centre**

# Youth Hiring Fair 2026

**Jobs for youth ages 15 – 24**

**Thursday, March 26, 2026**

1:30 – 6 p.m.

Big Four Building, Stampede Park

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## **Prepare for the Fair**

Meet with an employment expert for free at the Youth Employment Centre to update your resume and interview skills.

Visit [calgary.ca/yechiring](https://calgary.ca/yechiring) for more information

In partnership with:



Scan this QR code  
for more information.



# Calgary



# March 2026

## Where you'll see Green Line construction in 2026

Construction on the Green Line LRT – SE Project began in June 2025 and will ramp up this year. Calgarians will see action in the southernmost part of the route, between Shepard Station and the Bow River crossing (just north of Lynnwood/Millican Station).

After completing initial site grading and utility servicing at the Maintenance and Storage Facility (MSF) in January, three additional contracts will be awarded this year to begin the facility's main construction. Building the MSF remains a top priority to ensure we are prepared to receive, store and assemble the light rail vehicles (LRVs) scheduled to arrive in 2028.

Alongside building the MSF, we need to complete a section of track to test the LRVs and ensure they're ready for service in 2031. To achieve this, the most effective approach is to begin construction at Shepard Station next to the MSF and extend up to the Bow River, providing enough track for testing. Procurement for this work is underway this spring under the Shepard to Bow and Bow River construction packages.

This year will also see the completion of three key projects already underway, including the Ogden Road Realignment, the 78 Avenue LRT Bridge, and the Blackfoot Trail LRT Bridge. Work will also begin on the elevated guideway at 114 Avenue and Barlow Trail this summer.

Other construction packages that will be awarded this year include the Highfield package, the Elevated Stations package, the Ramsay Elevated Guideway, and others.

For more information on upcoming construction, visit [calgary.ca/GreenLineConstruction](http://calgary.ca/GreenLineConstruction).



# LAKEVIEW CLASSIFIEDS

## **LIGHTEN UP ELECTRIC LTD:**

Lakeview born and raised. Home renovations of all kinds: lighting, Kitchens, Bathrooms, Basements, Panel changes, Garages, Service Calls. Any electrical need, we've got you covered! Give us a call for a quote or any inquiries you may have! We'd be happy to talk through them with you. Call Palmer at 403-771-4715 or [lightenupelectricltd@gmail.com](mailto:lightenupelectricltd@gmail.com)

## **Experienced Dog Sitter** -

Pet owner and dog lover! Calling all vacation dogs for pet sitting while parents are away! Pets get regular walks, spend time relaxing and enjoy some affection. Experienced with anxious dogs also! Call or text Meghan 403-861-5703

## **Counterpoint Dance Academy**

- North Glenmore Park: Join the magic of dance at the NGP Community Association! We offer engaging Preschool and Ballet/Jazz combo classes designed to inspire young artists. We're proud to offer a vibrant and encouraging space where every child can shine, grow, and twirl to their heart's content. Call or text: 403-615-0103

## **Dave's Plumbing and Heating:**

Master plumber, gas fitter, Lakeview resident. Repairs or new installations. Plumbing, furnaces, boilers, water filters and softeners, hot water tanks, drain cleaning, renovations. Residential or commercial. Call David at 403-614-3755.

## **One of Calgary's top piano**

teachers now accepting new students. 35 years of teaching experience, award winning students, year round performance opportunities. Contact Peter Rudzik at [peter.rudzik@me.com](mailto:peter.rudzik@me.com), 403-477-7952, [www.peterrudzik.com](http://www.peterrudzik.com)

## **Older couple seeks long term**

rental in Lakeview area beginning October 1, 2026. Smaller home with a garage is most desirable. We do have one small dog. We currently live and work in Lakeview. Email details to [paulspov111@gmail.com](mailto:paulspov111@gmail.com)

**I clean homes!** Expect professional, experienced service. New clients wanted in Lakeview only. I am a Lakeview resident. Local references available. Call Yalille for a free estimate. 403-888-3309

## **Ballet School Lakeview:**

Susie von Hellerman, registered member of the R.A.D. Trained & danced professionally in Europe. Pre-ballet age 3 & up. Childred & majors, Adults Beginning to Advanced. Call 403-246-2208

## **Lakeview Seamstress**

specializing in all types of alterations and sewing projects. Including tailoring, hemming, repairs, zipper replacements, drapery, blinds & cushions. Contact: 403-242-3462 or email: [lakeviewalterations@gmail.com](mailto:lakeviewalterations@gmail.com)

## **Cleaning Service:**

Excellent Ref. Insured & WCB coverage. Weekly, biweekly. Reasonable prices. For free estimates, call Maria at 403-606-6977



## **Jim Walters:**

June 14, 1938 – January 12, 2026

It is with great sadness that we announce the passing of Jim Walters. Many of you will know Jim as he and his family have been residents of Lakeview since 1970. Jim was also a Principal at St. Leo school when it was a school. He will be greatly missed by his wife Pauline, children, grandchildren, and his many friends and neighbours.

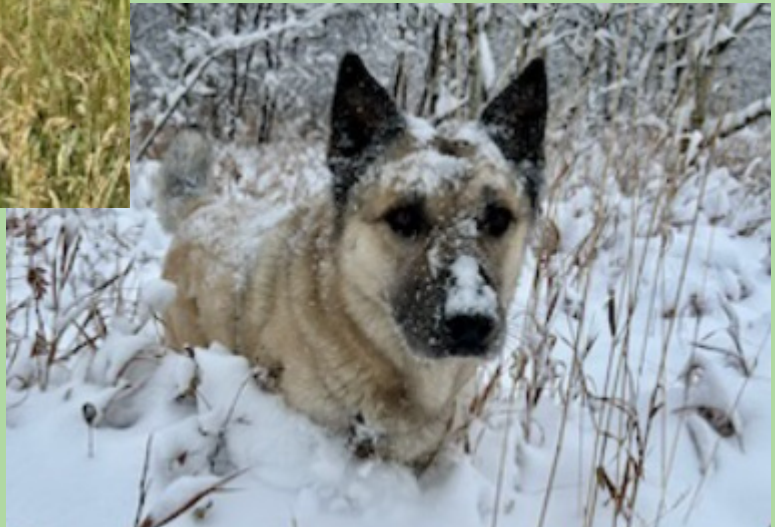
# PET(S) OF THE MONTH

## The All-Father



Meet 8 year old shepard, husky, elkhound mix, Odin. Odin has been a fixture on the long and short off leash of Lakeview since he was rescued 7years ago from the Cochrane humane society.

He's so friendly to everyone, howls at all sirens that's noticed by everyone. He has always been playful and kind to all other animals and people alike.



**YOUR  
PET  
HERE**

**Do you have an adorable pet? The Lakeview Community wants to meet them! Email a picture and brief description to:  
[lakeviewnews@lakeviewYYC.ca](mailto:lakeviewnews@lakeviewYYC.ca)**



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Lakeview Village



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Lakeview  
MLS# A2270400



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Lakeview  
MLS# A2244206



6836 Livingstone Dr SW

\$2,140,000



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