



YOUR COMMUNITY
YOUR NEWS
YOUR VIEWS

December 2023

Issue

#3

Volume 29

News&Views

PRESIDENTS MESSAGE

Dear Residents,

We hope this newsletter finds you well and enjoying the start of the colder season. We have some important reminders and heartwarming messages to share with you in this edition of the Community Connection Newsletter.

Reminder: Vehicle Safety

Recently, our community experienced a deeply saddening incident that has left us all with heavy hearts. A resident's truck was stolen while it was left running, and even more devastatingly, Rosco, their beloved dog, was inside. Tragically, Rosco was later found having been run over and passed away. This heartbreaking event serves as a stark reminder of the importance of vehicle safety within our community.

We understand that it's often tempting to leave your vehicle running to warm it up during these chilly mornings or to make quick stops, but we implore

all residents to refrain from doing so. Leaving your vehicle running and unattended not only poses a risk to your property but can also endanger the safety of pets, children, and other community members. Always remember to lock your vehicle and take your keys with you. It takes just a few extra moments to ensure the safety and security of your belongings and your loved ones. We note that some parents leave their vehicles running while dropping children at school. Again, we want Lakeview to be a community criminals don't visit. Lets not make it easy for them!

Compassion During the Holiday Season

As the holiday season approaches, it's essential to remember that while it can be a joyful time for many, it can also be very challenging for some members of our community. Loneliness, financial struggles, and personal loss can make this time of year exceptionally difficult. We encourage all residents to be mindful of their neighbors and friends and to show kindness and compassion during the upcoming holiday season.

...continued page 2

FOR
YOU

Published by the Lakeview Community Association & Prepared by
community volunteers

Here are a few simple ways you can make a positive impact in our community during the holidays:

Check on Your Neighbors: Take a moment to check in on your neighbors, especially those who may be living alone. A simple conversation or offer of assistance can make a big difference.

Donate to Local Charities: Consider donating to local charities or participating in community initiatives that support those in need. Even a small contribution can go a long way.

Volunteer Your Time: Many organizations are looking for volunteers during the holiday season. Your time and skills can be incredibly valuable.

Spread Joy: Acts of kindness, such as leaving an anonymous holiday card or small gift for someone in need, can brighten someone's day.

Let's come together as a community to make this holiday season a little brighter for everyone. Your kindness and support can have a profound impact on those around you.

Thank you for being a part of our wonderful community, and let's continue to look out for one another. We wish you a safe and enjoyable holiday season filled with warmth, love, and kindness.

Respectfully Yours,

Jon Himmens, MBA
President
Lakeview Community Association

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Thursday – 7:00 a.m. to 3:00 p.m.

Friday – 11:00 a.m. to 3:00 p.m.

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ABOUT NEWS & VIEWS

The Lakeview News & Views is published monthly, excluding July and August, with a print run of 2,200. Opinions expressed in submissions are the author's and are not be considered a reflection of the Lakeview Community Association. The LCA does not endorse or guarantee any products or services offered by the advertisers in this newsletter. If you live in Lakeview and you do not receive the newsletter, please call Nadia at (403) 242-8660 or email info@lakeviewYYC.ca

The Lakeview Community acknowledges that our homes, work places, communities, schools, and services are located on the ancestral and traditional Indigenous territories of the Blackfoot and the people of the Treaty 7 region in Southern Alberta, which includes the Siksika, the Piikani, the Kainai, the Tsuu T’ina and the Stoney Nakoda First Nations. The City of Calgary is also home to the Metis Nation of Alberta, Region III.

Community Calander.

LCA Board Meeting

December 11, 7:00 - 9:00 pm, Field House

Holiday Bubbles & Wine Event

December 13, 7:00 pm, Main Hall

Moonlight Skate

January 13, Outdoor Rink

Newsletter Submissions.

Send submissions to the editor; please email lakeviewnews@lakeviewYYC.ca

December 1, 2023 is the deadline for submissions for the January 2024 edition

Volunteers

The Lakeview Community Association is always looking for volunteers. If you are able to volunteer for the many events that Lakeview holds, for building or grounds maintenance, to be on a Lakeview committee, such as Traffic, for our membership drive, or simply to bake treats for the bake sales, please email Nadia at info@lakeviewYYC.ca to get onto our volunteer database.



Lakeview 85th Scouts Update

Hello neighbours. We hope your Fall is going well.

Highlights this season have seen our groups getting outdoors as much as possible including an all-group camp in mid-November at camp

Valaqua. It's not all fun in the woods though, we love helping the community too: Beavers helped with leaf cleanup at the community hall (pictured), Scouts got to lend a hand prepping the rink for skating season and we had a good showing at Lakeview United Church for the Remembrance Day ceremony.



About Scouts Canada

Scouts Canada's mission is to develop well-rounded youth, better prepared for success in the world. All of this is through a youth-led program where the kids have a say in what we do and how we do it. Scouting in Canada has been fully inclusive for decades. Scouters (leaders) are here to help pull it all together, share knowledge, and mentor.

Want to sign up? Visit www.scouts.ca

Share your skills or simply volunteer and offer your time to help mentor youth as a scouter. *Get in touch!*

Contact Us: info@lakeview85th.ca

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COMMUNITY CONTACTS & USER GROUP

Beavers, Cubs, Scouts, Ventures

Marshall Pope
403-616-1920

Bridge: Tuesday Evenings

Gord Wickens
403-686-0551

Community Garden

Shelley Pearson
Kimberlee Wolfe
garden@lakeviewYYC.ca

Lakeview Arts & Crafts

Linda Melnyk
403-272-8511

Lakeview Preschool

Sarah Nwaerandu
preschooldirector@lakeviewyyc.ca
Kevin Lemke
registrar@lakeviewYYC.ca

Soccer

Andy B. & Robyn C.
soccer@lakeviewyyc.ca

Tennis

Lakeview Community Association
info@lakeviewYYC.ca

IMPORTANT INFO TO KNOW

Lakeview Community Association

6110 34 ST, Calgary, AB T3E 5L6
Monday – Thursday
9:30 a.m. – 2:30 p.m.
(403) 242-8660
www.lakeviewYYC.ca

Board of Directors Meeting

Board of director meetings are held at the Lakeview Community Association Field House on the second Monday of every month and are open to the public.

Lakeview Facility Rentals

The Lakeview Community Association is pleased to offer its facilities for rent to both members and non-members. The Main Hall at 6110 34 St. S.W. is ideal for large meetings, seminars, social and recreational events. The multi-purpose room provides a private atmosphere and is suitable for small informal meetings, birthday parties, craft workshops, etc. Phone (403) 242-8660 or email: info@lakeviewYYC.ca

BOARD OF DIRECTORS

Executive

President Jon Himmens: president@lakeviewYYC.ca
First VP Catherine Cooke: firstvp@lakeviewYYC.ca
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Transportation Paul Piovoso: traffic@lakeviewYYC.ca
SWAS Rep-FCA Joel Workman: workmanj@telus.net

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George Nazarey	Kyle Surgenor	Anderson Kwong
Bob Zanewich	Marie Tremblay	Meredith Niewczas

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December Traffic Update

As winter weather will have arrived by the time that you read this newsletter, its important for Lakeview residents to adjust their driving for the current weather conditions. As our roads become icy this winter, remember to decrease your vehicle speed which also decreases your braking distance to come to a stop. After our first snowfall, I watched numerous vehicles slide through the 3-way stop at Lakeview Dr and Lancaster Way SW as these drivers were travelling too fast to be able to safely stop due to the icy conditions.

Here are some updates from the traffic committee:

- 1 On October 11, I spent an hour with a Calgary Police officer from the Residential Safety Traffic Unit monitoring the intersection of 37 St & 66 Ave SW for vehicles not stopping at the all-way stop. Over that time, this officer gave out 5 tickets of \$405 and 3 demerit points to drivers for failing to stop at a marked intersection. Please remember to come to a complete stop at this intersection (all ways), especially if pedestrians are present, as the fine rises to \$810 and 4 demerit points in that case.
- 2 The speed limit on Lakeview Drive has been reduced from 50km/h to 40km/h. Please adjust your speed accordingly.
- 3 The Crowchild Bridge Rehabilitation Project over Glenmore Trail has been completed. Thanks to all Lakeview residents for their patience over the past 6 months!
- 4 Two public washrooms are currently being installed at Lakeview Lift Station and will be open for public use in Spring 2024. For more information go to <https://engage.calgary.ca/Lakeview-Lift-Station>

If you have any traffic concerns or questions, please send an email to traffic@lakeviewyyc.ca.

- 5 For speeding concerns, please contact the Calgary Police Service on their non-emergency line: 403-266-1234 or submit a traffic service request (TSR) on their website.

A big shout out to BLAIR from ARBORTECH who shovels the lovely dog walk pathway along the greenway under the power lines on 66th Avenue for the last several winters. This is such a blessing for our seniors, and for Lakeview residents in general, including dog walkers, kids coming and going to the local schools, and folks walking to and from the local IGA to buy groceries, to name a few. You are appreciated and the paved pathway in the snow is a lovely site to see after each snowfall. Thank you Blair!!!!

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Reduce your waste during the gift-giving season

Repurpose, reuse and get creative to reduce your waste this holiday season. Here are some ideas for gift giving that are low on waste but highly meaningful:

- Support local businesses by purchasing gift cards or giving the gift of an experience.
- Give a gift in the form of a donation to a favourite charity.
- Give the gift of time. Lend a hand to an older relative or friend by dropping off their shopping or meals or putting their carts out on collection day.
- Make your own gifts – try knitting a hat, painting a canvas or baking.
- Recyclables make great material for Christmas crafts and cards.



- Consider alternative ways to wrap gifts. Reuse bags and boxes that you already have at home. Use cloth bags, tea towels, a t-shirt or simply avoid wrapping completely.

Find more tips at calgary.ca/recyclerright.



Don't put any kind of battery in your blue, green or black carts. Batteries contain metals like lead, lithium, cadmium and mercury that can be dangerous

to human health and the environment. If they end up in any of your carts, batteries can get crushed and cause fires at the recycling, composting and landfill facilities. Household batteries include non-rechargeable alkaline batteries (AA and AAA) and rechargeable batteries found in cellphones, laptops and cordless power tools.

Safely dispose of batteries by taking to a participating retailer for free recycling, including London Drugs, Staples, Home Depot, Rona, IKEA and Best Buy. For more information visit calgary.ca/battery.

Safely dispose of household batteries

Holiday Bubbles and Wine Event

Date: Wednesday, December 13th, 2023
Time: Doors open @ 7:00 for Bubbles, 7:30 Tastings begin
Location: Lakeview Community Hall
Cost: \$35.00 + Service Charge and GST.
Members and invited Guests only. *Non-refundable*



Get your tickets for Lakeview's annual Holiday Wine Tasting event. As in previous years, it will be an evening without a wine presenter. You will have the opportunity to mingle at the 'Bubbles' bar while sampling the delectable wines and nibbles at our tasting tables.

Bring your wine glass (**just one!**) as wine glasses **WILL NOT** be available for purchase. Wander amongst the tasting tables, catch up with friends and neighbours, and enjoy Holiday pairings.



NEW

Due to licensing regulations, we are unable to run a wine lottery.

HOWEVER! *Don't dismay! We have some surprises in store for you!
Your registration is all you need to be entered in the draws to win!*

Mark your calendar as registration begins on **November 15th**. Don't delay as there are a limited number of tickets available. **PLEASE NOTE:** *In accordance with LCA Liquor license, an active membership is **required**, non-member guests **MUST** be registered by an active LCA member.*

Register online at <https://lakeviewyyc.ca/> or in person at the Lakeview Community Hall **prior to Friday, Dec 8th, 2023**, before 6pm.

NO WALK-INS will be allowed.

Disclaimer: by attending this event, members and guests accept that the Lakeview Community Association bears no responsibility or liability for accidents caused by, or resulting from, the member's or guest's intemperate use of any alcoholic beverage before, during and after any function offered by the Lakeview Community Association. Please plan ahead of time how you will get home safely from this event. We will be glad to help you with arranging for a taxi or car shuttle service.





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Lakeview
List Price \$1,850,000



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List Price \$799,900



SOLD
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Lakeview
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SOLD
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North Glenmore Park
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SOLD
6914 Livingstone Drive SW
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LAKEVIEW OCTOBER 2023 STATISTICS



NORTH GLENMORE PARK OCTOBER 2023 STATISTICS



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Gray Partridge Photo by Diane Stinson

GAME BIRDS IN OUR CITY

By Cathy Warwick

Where is one place a bird bred for the sport of hunting can be and not get shot at? In the city of course!

Yes there are lots of other dangers, namely cars, but there are less predators and less people in camouflage fatigues lurking behind trees ready to shoot. It's positively a paradise for game birds! In Calgary there are a couple populations of game birds hiding out that you might be lucky enough to see. These are the Gray Partridge and the Ring-necked Pheasant.

While walking in our south west neighbourhood I saw a small group of Gray Partridge for the very first time in my life. They were small plump chicken-like birds with a cinnamon patch on the face. These little round birds were running along the ground very fast, they were moving as a group with no apparent leader. They seemed to spook at the sight of us and hustled along a chain link fence. The problem was half were on the inside of the fence and half were on the outside. They ran most of the length of the fence before they noticed what had happened. The whole group then stopped and

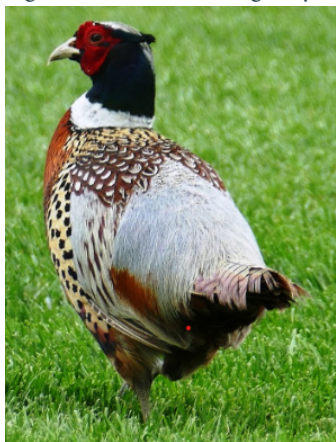
cheeped for a while in confusion. I'm not sure they are the sharpest knives in the drawer but they sure are cute. In the half light we saw some of them fly up over the fence, which seems to be a last resort for them.

The Gray Partridge was introduced to North America from Europe in the early 1900s. It is mostly found on farmland, especially in the Northern Prairies where it somehow survives the cold winter. The hens will lay a lot of eggs, more than most birds. Up to 22 in a clutch! These birds also have very short life spans, only averaging 1.8 years. In Lakeview they used to be seen around the storm pond but haven't been sighted for a while.



*A Ring-necked pheasant showing its beautiful tail
Photo by Diane Stinson*

I was biking along the Bow River bike path to Fish Creek Park and saw a Ring-necked Pheasant wandering around the back yards bordering the path. What a show stopper that rooster is! I screeched to a halt and looked at its bright red face, beautiful iridescent blue head and very long tail. Also the white ring around its neck of course. The female (hen) is a more camouflage brown and is smaller than the rooster. The roosters are very striking and colourful, the allaboutbirds.org website calls them 'gaudy'. That may be a



A Ring-necked pheasant strutting its stuff - Photo by Diane Stinson

backhanded way of saying they don't really belong in our landscape. You can get an inkling of that just by looking at them, North American species are usually a bit more subdued in colour. The Ring-necked sure aren't camouflaged with

that attire!

In fact their populations are supplemented heavily by the Alberta Conservation Association which runs a "Provincial Pheasant Release Program". I hear they released melanistic Ring-necked pheasants this year, which have an all black body. Still not great for hiding from coyotes during the winter. It's actually the hens that have a much harder time during the winter, they do all the work with the eggs and the chicks. Thus they spend a lot less time fattening up for winter. Lucky for them that hunters are encouraged to shoot the males.

Keep your eyes out for these game birds sheltering in our city and when you see one take a moment to appreciate all that it has to survive - hunters, traffic and worst of all, winter.

Email photos of birds and wildlife to: lakeviewbirdblog@gmail.com, please note if I can publish them and use your first name.



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SOME NEWS FROM YOUR PEWS

(or, how I see it)

And a fine hello once again to everyone in Lakeview Land. The month of November is unfolding, and this gives me an opportunity of sharing with all of you the events and the timings of the Advent and Christmas season. With so much on our plates as we head into this busy time of year it's always so reassuring that yes, there are times where we have those moments where we can sit back and let that Spirit of Christmas surround us. So, my invitation to all of you comes with this November/December message.

The Christmas season always seems to loom earlier than other yearly celebrations in that by the beginning of November, the Hallowe'en displays in the stores are immediately transformed into mountains of Christmas chocolates, nuts and candies, aisles of Christmas lights and pre-lit trees, and countless presentations of 'Jolly Old St. Nicholas'. It can be sometimes overwhelming. This is where each of us needs to calmly go back to where this celebration began, a quiet stable in small-town Bethlehem and the world was opened to a new era of hope and of peace. This was something which was strived for countless years ago. Now, day-in and day-out, we all still cry for it to surface in our oftentimes shattered and disconnected world. So, for each of us, Christmas needs to be filled with quiet prayer, surrounded by family and friends, and knowing that in this stability, hope and peace will surface once again. Following is what is planned for you as you go deeper into the Spirit of Christmas:

Sunday, November 26 (10:00am) We begin our Advent/Christmas season with the Sunday of

hope. The Advent wreath becomes lit and the quiet melodies of Christmas fill the air.

Sunday, December 3 (10:00am) This Sunday focuses on Peace and songs, lit candles, prayers and message will all be centred around this.

Sunday, December 3 (3:00pm) Our Christmas Concert gift for you. We have invited Horizon Ridge to come and perform their Christmas show and tickets are available at \$25 each. Just call the office at 403-242-5760 to obtain them. Your heart will be filled!!

Sunday, December 10 (10:00 am) This is the Sunday of Joy and yes, Joy will fill the air upon this morning.

Wednesday, December 13 (12:00 noon) A one-hour luncheon musical with pianist Cody Obst as he shares his Christmas renditions. Bring your lunch and coffee and tea will be available. Free-will donation.

Sunday, December 17 (10:00am) This Sunday will be an Advent of Love service with children's activities. Bring your children and your grandchildren for a truly fun morning.

Thursday, December 21 (6:00pm) Longest Night (Blue Christmas). A quiet reflective time for those who may find the season to be draining.

Sunday, December 24 (Christmas Eve)
5:00 pm. Family Christmas Service with the Christmas play.

7:00 pm. Traditional Candle-light Service

Sunday, December 31 (10:00am) Eggs Benedict Breakfast

The Reverend Jope Langejans



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ATTENTION
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and 50+



Would you be interested?

Your Board of Directors are hearing mumblings that community residents would be interested in having a secure lockbox at the community association where parcels could be dropped off at the community association instead of at your residence. The idea would be that residents/small businesses who receive numerous parcels a month could rent a lock box that is securely stored at the community association. Parcels could be delivered to your rented box, and you can pick them up at your leisure. This would help with leaving parcels on porches and the dreaded porch pirate(s) while residents are not home.

If you think this may be something you would be interested in, please let Nadia know at 403-242-8660 or info@lakeviewyyc.ca. We are trying to gauge interest in this idea to determine if it would be financially viable. Thank you!



FINDING MOTIVATION

By Amber Kyliuk, RKin

Why can't it just be easy?

We are overwhelmed by the sea of workout routines, diet plans, and wellness trends! It is mind boggling how many 'best' ways are out there. So let's look at the research.

In our pursuit of physical and mental well-being, it's essential to take a step back and look at where we, as humans, came from and what keeps us physically and mentally healthy. By understanding the basics of our evolutionary history and the need for meaning in our actions, we can build a solid foundation for lasting motivation in our journey to wellness.

Movement wasn't just a hobby for our ancestors; it was a matter of survival. Physical strength, endurance, agility, and mobility were essential for hunting, gathering, and evading predators. Fast forward to the modern era, and we find ourselves in a world of convenience. Our sedentary lifestyles, marked by long hours of sitting and minimal physical activity, stand in stark contrast to our evolutionary heritage. This shift has led us straight into various health issues. Not to mention the mental health decline (but that is for the next article).

So what should we do? We are told ALL THE TIME that we should be exercising, going to the gym, getting in our 10k steps a day... but the majority of us just can't find the motivation to do any of it. Why? If our ancestors were so active, why can't we be as well? Psychologists distinguish between two types of motivation: intrinsic and extrinsic. Intrinsic motivation arises from internal factors like personal values and enjoyment, while extrinsic motivation comes from external rewards or pressures. When

getting started, extrinsic motivation can be helpful. However, to sustain long-term fitness, intrinsic motivation is key.

Finding meaning in your fitness journey can transform the way you approach your movement plan. When your actions align with your values and aspirations, the intrinsic motivation to stay healthy becomes a driving force. This sense of purpose can help you overcome challenges and setbacks. Keep in mind though... no process is a straight line, there will be challenges no matter how well you set your meaningful goals.

How do we apply this knowledge?

To bridge the gap between our ancestral heritage and modern fitness, we can turn to practical movement patterns. These exercises mimic the natural movements our bodies are designed for, such as squats, lunges, pushes, pulls, rotations, and climbing. Natural movement fitness emphasizes both strength and mobility, promoting overall health. Now that sounds boring, but with the right coach... like myself (haha!), it can be perfectly challenging. Don't think of parkour. Think of an amazing hike through the mountains where you have to climb over a fallen tree, hop across a creek, and maybe squat behind a tree to relieve yourself! This outdoor (or indoor) fun also help us tap into those primal instincts for exploration and improvisation. Just like kids!

But not everyone likes to play outside and improvise. Many love the idea of routine and having that set structure of regular visits to a gym, group fitness class (so many benefits of group fitness!), pool, yoga

practice, boxing club, I could go on as we truly have so many options. The easiest question to ask yourself is:

'What did I love to do when I was young?'

This can start you down a path that brings up enjoyable activities. Start there and then add in a goal. Don't just start with the goal, they are quite often from an extrinsic view point. Instead of aiming solely for weight loss or aesthetics, focus on achieving increased energy, improved mood, or enhanced mobility... Or even playing with the grandkids. These goals are not only more meaningful but also sustainable in the long run, depending on how active your grandkids keep you.

Next, it's crucial to view your fitness journey as a continuous process rather than a destination. Embrace the daily practice of movement and nourishing your body, celebrate the small victories and learn from the setbacks, all of which contribute to your growth. No path is a straight line. Still struggle with motivation? Remember... Humans are inherently social beings, and our evolutionary history is filled with collaboration and community. Engage

with others who share your fitness goals to foster a sense of belonging and accountability. Participating in group activities or working out with friends can make your fitness journey more enjoyable and meaningful.

Don't wait until you are ready, the body is an amazing tool that responds to what you ask of it. If you ask it to sit on the couch 5-10 hours a day, it will get too comfortable there. If you ask it to start moving, it will adapt to giving you more energy to keep it up.



The advertisement features a black and white photograph of a young woman with dark hair, wearing a grey cardigan, smiling and looking towards an elderly woman. The elderly woman has short, light-colored hair, wears glasses, and is holding a black walking stick. She is also smiling. The background is a plain, light color.

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Thank You Lakeview 85th Scouts!



The Lakeview Community Association would like to give a big shout out to the Lakeview 85th Scouts for helping with some of our fall clean up. The Lakeview Beavers spent a couple of hours raking leaves on the grounds south of the building on a chilly Fall evening. With seven large poplar trees that had shed all their leaves, there were many leaves laying on the ground. As much as 20 large compost bags were filled with all the leaves leaving the area nice and clean. Thank you so much to everyone who helped!



Not only did the Lakeview 85th Scouts help with our fall clean up, but they also helped remove the skateboard ramps from the ODR. Sadly, it was the same time that we received our first snowfall and where temperatures dropped below zero. After having a warm October, the timing was not great. None the less, the Scouts did a tremendous job digging through the snow and carrying equipment to our storage shed area on a cold Saturday morning. All the helpers were cheerful and did a great job working together. Thank you to all the Lakeview 85th Scouts for being such a great association in our community and for all your help at the LCA.



You are appreciated!

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LAKEVIEW CLASSIFIEDS

Helping MRS. or Mr. Daisy:

Lakeview resident that has been helping neighbours with their needs to stay in the community. From grocery shopping to taking you to appointments, everyone's needs are different. Would be happy to meet you. I have references and am taking new clients. Please call Ashley at 403-701-3500.

P&T Friday Night Hockey

- Men's, Adult, (Ages 18-70) Non-Contact, Full Equipment, Shiny on Friday Nights at 10 PM from October - March at Southland B Arena. Contact Pete at pthockey@shaw.ca if you are interested.

For Rent: heated garage space for smaller car in Lakeview. Call Joan at 403-686-3560. Available immediately.

Calling All Fearless Storytellers!

Do you have a bone-chilling tale that can make spines tingle and hearts race? We want to hear it! We are on the hunt for your Lakeview-based terrifying, hair-raising ghostly encounter. We invite you to share your scariest stories located in Lakeview. Send in your stories to nadirahn@outlook.com.

TREES NEED PRUNING, REMOVAL, REPAIR? INSECTS OR DIESEASE A PROBLEM? Fall/Winter/Spring (the dormant seasons) are excellent times to have your trees/shrubs serviced by an established (est. 1995), professional tree service. Our goal is to educate and provide practical options. Call - The Yardist Ltd. Tree & Spray Service. 403-242-3332, mchasse@shaw.ca.

LIGHTEN UP ELECTRIC LTD:

Lakeview born and raised. Home renovations of all kinds: lighting, Kitchens, Bathrooms, Basements, Panel changes, Garages, Service Calls. Any electrical need, we've got you covered! Give us a call for a quote or any inquiries you may have! We'd be happy to talk through them with you. Call Palmer at 403-771-4715 or lightenupelectricltd@gmail.com

Ballet School Lakeview: Susie von Hellerman, registered member of the R.A.D. Trained & danced professionally in Europe. Pre-ballet age 3 & up. Childred & majors, Adults Beginning to Advanced. Call 403-246-2208

Experienced Dog Sitter

- Pet owner and dog lover! Calling all vacation dogs for pet sitting while parents are away! Pets get regular walks, spend time relaxing and enjoy some affection. Experienced wit anxious dogs also! Call or text Meghan 403-861-5703

Dave's Plumbing and Heating:

Master plumber, gas fitter, Lakeview resident. Repairs or new installations. Plumbing, furnaces, boilers, water filters and softeners, hot water tanks, drain cleaning, renovations. Residential or commercial. Call David at 403-614-3755

Cleaning Service:

Excellent Ref. Insured & WCB coverage. Weekly, biweekly. Reasonable prices. For free estimates, call Maria at 403-606-6977

Lakeview Membership

Family - \$30

Individual - \$20

Supports the community newsletter, community safety, facilities, special events, etc. - Planning and development - Programs and services - FREE Family Skate at Flames Community Arena Sunday's - Email info@lakeviewyyc.ca or call 403-242-8660 for more info or:



PET OF THE MONTH

The Dynamic Duo



Mikey, the chihuahua american eskimo mix, is 2 years old and Tyson, the mastiff boxer mix, is 3 years old. With 110 lbs separating them, can you guess who the boss of this duo is? They both love to cuddle and bark at the delivery drivers that dare to enter their yard - or any of the neighbors. They are best buds!

YOUR
PET
HERE

Do you have an adorable pet? The Lakeview Community wants to meet them! Email a picture and brief description to: lakeviewnews@lakeviewYYC.ca



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