



NEWS & VIEWS

VOL. 29

YOUR COMMUNITY | YOUR NEWS | YOUR VIEWS

ISSUE.01

Published by the Lakeview Community Association & Prepared by community volunteers

Lakeview President Update

Dear neighbours,

On behalf of the Community Association we hope this message finds you refreshed and rejuvenated after a wonderful summer break. As the days grow shorter and the scent of fall starts to fill the air, it's that time of the year when our community comes alive once again. We're excited to welcome each and every one of you back as we gear up for another eventful season together.

With the start of a new school year, it's important to remember that our streets will soon be bustling with the energy of eager students, parents, and teachers. As we navigate through the excitement of these back-to-school days, let's also be vigilant about the safety of our young learners.

A Friendly Reminder: School Zone Speed Limits

Our children's safety remains a top priority for our community. As schools reopen, let's be mindful of the reduced speed limits in designated school zones.

These speed limits are put in place to ensure the safety of students as they walk, bike, or take the bus to school. Please take extra caution and adhere to these limits to create a secure environment for our kids.

Stay Engaged with Our Community

We're fortunate to live in a neighborhood that thrives on strong connections and shared values. As we transition into the fall season, there will be numerous opportunities to come together and celebrate. Keep an eye out for upcoming events, workshops, and gatherings that will not only deepen our community bonds but also provide spaces for learning, growth, and fun.

With that, please note our **Community Association AGM will be held on Tuesday September 26 at 7:00pm**. It would be great to see you there! A big Thank You to Ann Bright and her volunteers for organizing our community clean up day that was held on Sunday September 10th. As usual, it was another great turnout.

... Continued on page 2

Share Your Stories and Achievements

Did you embark on an exciting adventure this summer? Have your children achieved something remarkable? We'd love to hear your stories and share them with the community! Feel free to send in your contributions, whether they're anecdotes, photos, or achievements, to be featured in our upcoming newsletters.

Thank you for being an essential part of our vibrant community. Your involvement and commitment make our neighborhood a wonderful place to live, learn, and grow.

Lets make this upcoming season one filled with positivity, safety, and togetherness.

Here's to a fantastic back-to-school season for all!

Respectfully Yours,

Jon Himmens, MBA

President

Lakeview Community Association



Lakeview United Church's

Weaselhead Presents!!! Concert Series!!!

"Suzanne Levesque and Craig Bignell are awarding multi-instrumentalists/vocalists that met, fell in love, got married and discovered their voices blend so well together that people often tear up upon hearing them sing."

Over the Moon

Friday, October 13, 2023 7:00 pm
3023 - 63rd Ave, SW Tickets \$25
Phone 403-242-5760 or purchase at the door



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Thursday – 7:00 a.m. to 3:00 p.m.
Friday – 11:00 a.m. to 3:00 p.m.

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About News & Views

The Lakeview News & Views is published monthly, excluding July and August, with a print run of 2,200. Opinions expressed in submissions are the author's and are not be considered a reflection of the Lakeview Community Association. The LCA does not endorse or guarantee any products or services offered by the advertisers in this newsletter. If you live in Lakeview and you do not receive the newsletter, please call Nadia at (403) 242-8660 or email info@lakeviewYYC.ca

The Lakeview Community acknowledges that our homes, work places, communities, schools, and services are located on the ancestral and traditional Indigenous territories of the Blackfoot and the people of the Treaty 7 region in Southern Alberta, which includes the Siksika, the Piikani, the Kainai, the Tsuu T’ina and the Stoney Nakoda First Nations. The City of Calgary is also home to the Metis Nation of Alberta, Region III.

Community Calendar

LCA Annual General Meeting - September 26, 2023 -7:00 to 9:00 pm, Main Hall

LCA Board Meeting - October 10, 7:00 - 9:00 pm, Field House

Wine & Cheese Night - October 11, 7:00 pm
Lakeview Community Hall

Newsletter Submissions

Send submissions to the editor; please email lakeviewnews@lakeviewYYC.ca

October 4, 2023 is the deadline for submissions for the November 2023 edition.

Volunteers

The Lakeview Community Association is always looking for volunteers. If you are able to volunteer for the many events that Lakeview holds, for building or grounds maintenance, to be on a Lakeview committee, such as Traffic, for our membership drive, or simply to bake treats for the bake sales, please email Nadia at info@lakeviewYYC.ca to get onto our volunteer database.

The News & Views LOVES local written submissions: lakeviewnews@lakeviewyyc.ca



Lakeview 85th Scouts Update

We hope you had an excellent Summer! All sections have started the year off by reflecting on last years adventures and figuring out how to make the new one even better! A special shout out to the parents who helped with the Scouts' year end canoe trip down the Red Deer River. We couldn't have done it without you.



About Scouts Canada

Scouts Canada's mission is to develop well-rounded youth, better prepared for success in the world. All of this is through a youth-led program where the kids have a say in what we do and how we do it. Scouting in Canada has been fully inclusive for decades. Scouters (leaders) are here to help pull it all together, share knowledge, and mentor.

Want to sign up? Visit www.scouts.ca

The 85th Scouts/Vents meet on Tuesdays, Beavers on Wednesdays, and Cubs on Thursdays. *Want to come to a meeting to see what we are up to? We can arrange that.*

Have some skills you want to share or simply looking to volunteer and offering your time to help mentor youth? *We are always looking for new scouters, get in touch!*

Contact Us: info@lakeview85th.ca

Bottle Drive - Sept. 23rd

Watch your mailbox for a flyer with full details.

Thank you for your generous support in helping to fund youth-led adventures.

Community Contacts & User Groups

Beavers, Cubs, Scouts, Ventures

Marshall Pope
403 616 1920

Bridge: Tuesday evenings

Gord Wickens
403 686 0551

Community Garden

Cathy Steiner Wilson &
Joan Stauffer
garden@lakeviewYYC.ca

Lakeview Arts & Crafts

Linda Melnyk
409 272 8511

Lakeview Preschool

Sarah Nwaeronu
preschooldirector@lakeviewyyc.ca
Kevin Lemke
registrar@lakeviewYYC.ca

Soccer

Andy B. & Robyn C.
soccer@lakeviewyyc.ca

Tennis

Lakeview Community Association
info@lakeviewYYC.ca

Important info to know

Lakeview Community Association

6110 34 ST, Calgary, AB T3E 5L6

Monday – Thursday
9:30 a.m. – 2:30 p.m.
(403) 242-8660
www.lakeviewYYC.ca

Board of Directors Meeting

Board of director meetings are held at the Lakeview Community Association Field House on the second Monday of every month and are open to the public.

Lakeview Facility Rentals

The Lakeview Community Association is pleased to offer its facilities for rent to both members and non-members. The Main Hall at 6110 34 St. S.W. is ideal for large meetings, seminars, social and recreational events. The multi-purpose room provides a private atmosphere and is suitable for small informal meetings, birthday parties, craft workshops, etc. Phone (403) 242-8660 or email: info@lakeviewYYC.ca

BOARD OF DIRECTORS

Executive

President Jon Himmens: president@lakeviewYYC.ca
First VP Catherine Cooke: firstvp@lakeviewYYC.ca
Second VP Fiona Cuthbertson: secondvp@lakeviewYYC.ca
Secretary Vacant: secretary@lakeviewYYC.ca
Treasurer Nazir Rahemtulla: treasurer@lakeviewYYC.ca
Past President Vacant: pastpresident@lakeviewYYC.ca

Board Representatives

Casino Amir Eisenberg: casino@lakeviewYYC.ca
Events Vacant: events@lakeviewYYC.ca
Glenlake Hockey Eric Nielsen: eric@lakeviewYYC.ca
Facilities Maintenance Tammy Brigidear: facilities@lakeviewYYC.ca
Preschool Samantha Thoutet: preschooldirector@lakeviewYYC.ca
Development Nick Berci: nick@lakeviewYYC.ca
Social Media: Erin Thompson: socialmedia@lakeviewYYC.ca
Transportation Paul Piovoso: traffic@lakeviewYYC.ca
SWAS Rep-FCA Joel Workman: workmanj@telus.net

Directors at Large

Laurie Dolph Kyle Surgenor Anderson Kwong
Bob Zanewich Eric Nielsen Meredith Niewczas

Lakeview News & Views

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Nature Cathy Warwick: lakeviewbirdblog@gmail.com

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Office 365 Alan Oickle: alan@lakeviewYYC.ca



Get engaged!

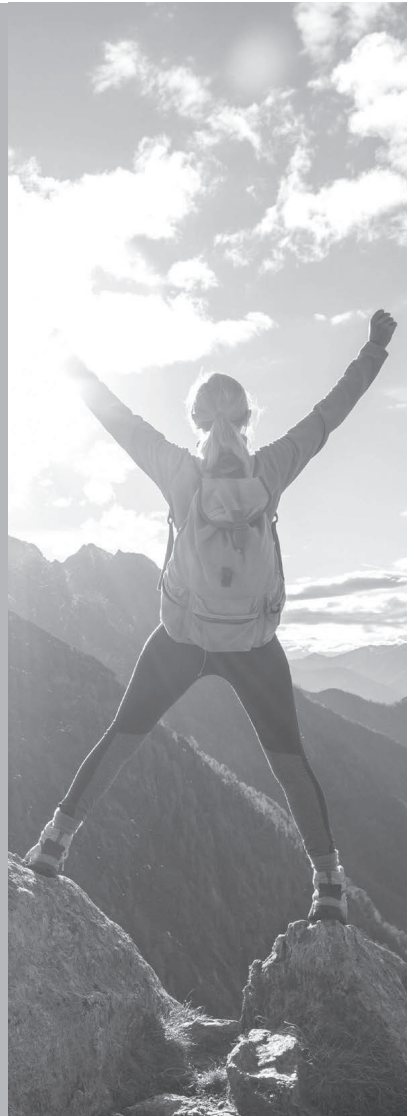
Show us your Lakeview. Tag your Lakeview Instagram photos with the hashtag #LakeviewYYC. We would love to see your photos and use them here in the newsletter.



Do you have goals?

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grandkids? Hike Ha Ling Peak?
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October Traffic Update

As you read this article, the kids will be back at school and parents will have settled back into their work routines. As we approach Fall, this is a good time to remind residents to look out for pedestrians and cyclists using and crossing our roads. Residents, please set a good example for visitors to our neighbourhood by following our speed limits, choosing not to park in restricted no parking/stopping zones and by not making illegal U-turns.

Here are some updates from the traffic committee:

- Work will continue on the Crowchild bridge over Glenmore until Fall/Winter 2023. Please plan for delays during this time as there will be both bridge and lane closures. For regular updates and to sign up for the project newsletter go to: Calgary.ca/CrowOverGlen-Rehab.

- SLOW trailers that display a message for drivers to slow down when exceeding the speed limit will be posted throughout our neighbourhood in September/October. Please do not park directly in front of the trailer as your vehicle will obstruct the display board for approaching vehicles.

- The City of Calgary has completed their noise study along Glenmore Trail and a summary of these results is listed below. As 2 of these locations have a noise level over 65 dBA (the city maximum for a truck route), the city will be discussing with the traffic committee, possible noise mitigation measures.

If you have any traffic concerns or questions, please send an email to traffic@lakeviewwyc.ca

LOCATION	LAKEVIEW CA NOISE STUDY RESULTS	THE CITY OF CALGARY NOISE STUDY RESULTS
5408 Ladbrook Drive	Under 65 Decibel	
5828 Londonderry Cr		Under 65 Decibel
6123 Lockinvar Road	Over 65 Decibel	Over 65 Decibel
2944 Lathom Crescent	Under 65 Decibel	
6020 Lacombe Way		Over 65 Decibel

Lakeview Newsletter Carriers Needed

The Lakeview News and Views is looking for children between ages 9-14 to deliver our monthly newsletter. This is a paid job.

For more information, please email traffic@lakeviewyyc.ca.

ATTENTION ALL SENIORS AND 50+

Do you have a problem with your computer?
Tablet? Cell phone?

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Join us **every Friday from 1 – 3 pm*** in the Field House (behind the community centre) for an open house style of helping you with your machines.

For more info, please contact
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9AM - 8PM FRI - SUN

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*COLD BREW

*PASTRIES

*AND OTHERS

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Not Your Average Coffee Shop

So long, cobra chicken

By Cathy Warwick

I was biking home from work this week and noticed that there were none of the usual Yellow Warbler chirps coming from the bushes. They have all left, headed to Latin America for the warmer weather and the multitudes of insects that come with it. I have yet to see the large 'V' of geese flying south however, I'm sure I will though, and when I do I will breathe a sigh of relief. The Canada Geese have left, we can go about our business more freely.

The internet has nicknamed them the 'cobra chicken' for their snake-like neck and hissing I suppose. They can be very mean! If you have ever been on the receiving end of its hissing beak, outstretched wings and beady little eyes you know it's true. At the zoo my friend witnessed a child chasing one and it turned around and chased him, as he ran screaming it got in a peck on his posterior. They are not to be trifled with!

Its dapper appearance, with its chin-strapped, sleek black head and two-toned outfit makes its bad manners all the more disappointing. How did such a rude animal get the name 'Canada' when Canadians are known for being polite? There is a rumour that the goose is actually named after a ornithologist named John Canada. However after a bit of research apparently that is unfounded, probably made up by some embarrassed Canadians trying to lay blame elsewhere. It's possible that the Canada goose was often seen flying north, toward its namesake country. Oh and don't call them a 'Canadian Goose', there are lots of canadian geese, as in a goose from Canada.

I bet they don't want to be lumped in with the Canada Goose.

It's so hard to believe that at one time in the early 1900's the Canada Goose numbers were 'decimated' according to Audubon. Nowadays there are many articles about how places are overrun with them. They are ruining athletic fields, eating just-planted fields of food and degrading water quality. Plus they attack people. Efforts to save the Canada Geese populations actually introduced geese in areas where they weren't before. They especially took to urban locations and often stayed all year, since they were never shown how to migrate. In an urban environment they have no natural predators and endless grass parks to hang out in. This spring I can recall a huge population in Prince's Island park. There seemed to be acres of juvenile geese with a few adult geese. This is called a 'gang brood', when there is a large group of goslings, overseen by a couple adult geese who got the short straw. Weaving through them on the bike path was a bit frightening.

They do have some positive traits, for example the Canada Goose chooses a partner at about 2 and then stays with that partner for life, isn't that sweet. Their little goslings are very cute when they paddle behind the parents, all yellow and fluffy. The adult Canada Goose is one of our largest waterfowl, and should we ever have to revert to subsistence living, they are very plentiful.

Goodbye our friend the Canada Goose, please try to behave yourselves in the States and Mexico. We know you probably won't.



Pictures from Wikimedia Commons - unrestricted license



Sherry saw a light brown Magpie in Lakeview recently. This is a very rare pigment mutation, she was lucky to spot one!

Email photos of birds and wildlife to: lakeviewbirdblog@gmail.com, please note if I can publish them and use your first name.



Wine and Cheese Pairing

Featuring: *Wine Alliance* and *Peasant Cheese*

Join us for our hugely popular, wine and cheese pairing. Featuring cheeses from Peasant Cheese and wines supplied by Wine Alliance.

Historically, this event sells out quickly so don't delay, get your tickets today!

- Date:** Wednesday, October 11, 2023
Time: Doors open @ 7:00 for Bubbles, 7:30 Tastings begin
Location: Lakeview Community Hall
Cost: \$30.00 + Service Charge and GST. Members and invited Guests only.
Non-refundable
-

Register online at <https://lakeviewwyc.ca/> or in person at Lakeview Community Hall. Registration opens *Wednesday Sept 13th* and closes *Friday October 6th*, at 6:00 PM or until the event is sold-out. **Along with event pricing for the wine, cheese will also be available for purchase.**

NO WALK-INS or LATE REGISTRATIONS will be accepted.

****NEW**:** bring your own water and you will get an *extra* door prize ticket! Also, don't forget to bring 6 wine glasses or purchase a set at the door for \$10.00.

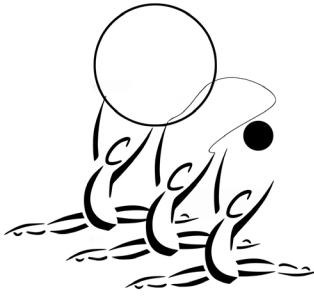
Interested in getting notifications about Wine Appreciation Evening events? Contact the Lakeview Wine Committee at: lcawine@shaw.ca



wine
alliance+



Disclaimer: by attending this event, members and guests accept that the Lakeview Community Association bears no responsibility or liability for accidents caused by, or resulting from, the member's or guest's intemperate use of any alcoholic beverage before, during and after any function offered by the Lakeview Community Association. Please plan ahead of time how you will get home safely from this event. We will be glad to help you with arranging for a taxi or car shuttle service.



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Did You Know.....

That the Lakeview Community Association has an Arts and Crafts group and a Bridge group???

If you'd like to join a well-established Bridge group, they meet in the evenings in the Lakeview hall the second and fourth Tuesday of each month from October to May.

Do you like crafting? Want to have a social group to craft with? The Lakeview Arts and Crafts group meets in the Field House on certain Mondays from September to June.

LCA membership is required to join either group. If you're interested in learning more, please contact the LCA office at 403-242-8660 or info@lakeviewyyc.ca

HOMES WANTED!

I have 6 SERIOUS & QUALIFIED BUYERS ready to purchase homes in Lakeview, Lakeview Village and North Glenmore. If your home matches any of the following criteria... please call me at 403-389-7969.



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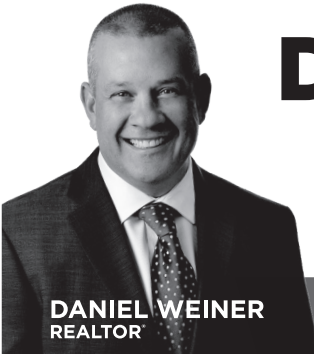
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MY RECENT COMMUNITY LISTINGS & SALES



SOLD

2711 Lionel Crescent SW
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SOLD

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LAKEVIEW AUGUST 2023 STATISTICS



NORTH GLENMORE PARK AUGUST 2023 STATISTICS



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October 2023

**Flame-Proof Your Kitchen:
Fire Prevention Week Puts Safety on the Front Burner!**

As autumn begins to set in and the cozy scent of comfort foods fills the air, we're reminded of the joys of cooking in our kitchens. With the joy of cooking, it's essential to remember our responsibility for fire safety.

This year, from October 8 - 14, the Calgary Fire Department (CFD) is proud to observe Fire Prevention Week with the theme, **"Cooking safety starts with you. Pay attention to fire prevention."**

Cooking-related incidents are the leading cause of indoor fires and injuries in Calgary. The CFD urges everyone to prioritize safety in the kitchen.

Never leave cooking unattended and set a timer to remind yourself. If you must leave the kitchen, turn off the burners.

Turn pot handles away from the stove's edge. Keep a lid and oven mitt nearby to smother small grease fires.

Maintain a one-meter "kid- and pet-free zone" around cooking areas. This includes tripping hazards such as toys.

Additional tips and reminders:

- Keep flammable items away from the stovetop.
- Educate children about hot objects to prevent scalding injuries.
- Grill outdoors, away from structures, with a one-metre safety zone for children and pets.
- Use microwave ovens safely; avoid extension cords and open food cautiously.
- Avoid cooking when tired or after consuming alcohol or medication.

Follow these tips to keep your homes and loved ones safe. Together, we can ensure our kitchens remain places of joy and comfort, free from the risk of fires. For more information, visit calgary.ca/firepreventionweek or call 3-1-1.

Changes to Green Cart Collection This Fall: What You Need to Know.



Starting in November, green cart collection will be once every other week, resuming weekly in the spring. Here's what you need to know:

- **Fill Your Green Cart First:** Leaves, branches, grass, and plants can go directly inside the green cart. If it's full, use paper yard waste bags for extra waste.
- **Extra Yard Waste Bags:** Place them at least 0.5 meters (2 feet) away from your cart. Roll the tops closed to prevent spills, and make sure you can lift the bag with one hand.
- **No Plastic Bags:** They are not allowed in your green cart.

Do You Have Too Much Yard Waste?

You can drop off yard waste free of charge at any landfill from Friday, September 22, 2023, to Saturday, November 4, 2023.

Check your schedule at calgary.ca/collection and sign up for reminders.

Visit: calgary.ca/waste/drop-off/yard-waste for more information and make your yard clean-up a breeze!

SOME NEWS FROM YOUR PEWS (or, how I see it)

How quickly the seasons change around us – and in us. Summer to some folks seemed to race by whereas others found it to linger much longer. I guess it's all in perspective in how you spend the summer days whether they are lighthearted and filled with warmth or seemingly overshadowed with something else, possibly an illness or some other debilitating threat. But for many, the rich colours of summer filled the days with the awareness of the goodness that comes as we love and are loved. Life is full and abundant for many of us and now we turn our eyes and our hearts to the autumn season.

In the autumn, the quiet times are with us. The fulfillment of our journey is with us, as we reflect upon life and our purpose in the circle of being. The blessings that surround us are all evident and we approach life with a calm and a happy awareness. A new season is slowly moving in. We can sense its presence in the coolness of the breeze and the quick gusts of wind that wrap themselves around browning lawns and fading forest leaves. This time of transition belongs to more than just the earth. Inside each of us there are also some quiet changes sending us their signals to let go. Trees are slowly saying goodbye to another year's growth. What they are telling us is that in the deepest part of who we are, there is always a call to continue our own transformation process.

But autumn is not void of colour as the reds and the golds and the yellows of the leaves form a dazzling carpet on the lawns and the fields. Colour enriches autumn days with the last laughs of lovely marigolds and the final sunflowers beaming their faces to the autumn sun. A blessing called beauty kisses this slow withering and drying time. And through all of this we need to be reminded that we are autumn people. We are always called to be in the process of growing and changing. May our minds and our hearts be open to this inner season which is a part of us. May we always trust in the Autumn God who calls each of us to grow. May we find hope as we enter willingly into the dying that is needed for our transformation.

And may we look into ourselves as a sign of wonder, a symbol of God's creation: changing, growing, living, dying – a year, a season passes – more change; time moves and our bodies move, our thoughts change, our perceptions alter, our taste buds shift – and as we age, we pass on wisdom, understanding, questions, offering nourishment, bringing new life. And when the empty branches seem so stark, stripped to bare and simple bark, may we know that sleeping buds will wake next year.

Peace and deep blessings upon your Autumn Journey....

The Reverend Jope Langejans



Lakeview United Church
Seeking Spiritual Renewal and Growth in
a Caring, Affirming Community...



3023 - 63 Ave SW Calgary, AB - T3E 5J6 - (403) 242-5760
www.lakeviewunitedchurch.com



Lakeview United Church's

Weaselhead Presents!!

2023-2024



Over the Moon



Friday, October 13, 2023 7pm

Horizon Ridge Christmas Show

Sunday, December 3, 2023 3pm

T. Buckley Trio

Friday, February 16, 2024 7pm



Lynne Hanson

Friday, March 15, 2024 7pm

Leaf Rapids



Friday, April 26, 2024 7pm

Lakeview United Church

3023, 63 AVE S.W.

FOR MORE INFORMATION

Phone: 403.242.5760

E-mail: lakeviewuc@telus.net



Lakeview Community Association Annual General Meeting

Tuesday September 26, 2023

7:00 – 9:00 pm

Lakeview Community Main Hall

6110 34 Street SW

Must be a member to vote.

Please purchase your membership in advance at:
lakeviewyyc.ca/membership or at Shoppers Drug Mart in the
Lakeview Plaza.

This year, your Board of Directors have updated the Association Bylaws (previously updated in 2016). The proposed Bylaws are located at lakeviewyyc.ca/annual-general-meeting for your review and will be voted on during the AGM.

If you are interested in putting your name forward or nominating a Lakeview resident to be on our Board of Directors, please contact the LCA Office at 403-242-8660 or info@lakeviewyyc.ca

INDOOR REGISTRATION IS OPEN



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- Weekly Academy Training Program
- Weekly Keeper Training
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Critical Movement for Back Pain

Mondays 9:30-10:30am, Sept. 18 to Oct. 30

**Small class size,
located in Lakeview**

\$150, early bird \$125 (before Sept. 5th)

Contact Amber:
amber@criticalmovementtyyc.ca

The Pain Alarm

By Amber Kyliuk, Kinesiologist

Yep, another article about pain. What can I say, it is a complex topic and one article may strike a chord with you and your experience, while another is more of a 'meh'.

Let's look at neuroplasticity (the ability of our nervous system to change & adapt) and how that plays a role in your pain experience. Imagine you are out learning to play catch and you get hit with a baseball. OUCH! So, your nervous system now puts a little more awareness into looking around and paying attention. That is a good thing! But, unfortunately you get hit again, this time in the head when you weren't expecting it. OUCH! And, rightfully so, your nervous system becomes a little more vigilant about paying attention.

But what if you are more of an anxious person, maybe you are at a stressful time in your life, and that nervous system of yours is already on a high alert setting. Now it may just send you more pain signals than necessary in order to keep you safe from baseballs. That could be a good thing... until it isn't.

It is possible that because of the 2 experiences and the higher level of concern, you now develop a stronger, more irrational, fear of baseballs. To the point that even looking at a baseball (safely sitting on a shelf in a display box) triggers a painful sensation in your head. You've healed physically from your baseball injury, but your nervous system is still on high alert and needs to remind you to stay away.

This is one of the ways your pain alarm gets out of control. It is due to the neuroplasticity (changeability/adaptability) of your nervous system and how it sends & receives signals in the body. The good news is that as much as it can become so much more hyper-vigilant, it can learn to go the other way as well. Phew!

Let's look at back pain in this context. You wake up one morning and your back is cranky. Sure, maybe you didn't sleep well (did you know that sleep deprivation contributes to stronger pain signals?) but you've also had a stressful last few weeks. Work demands, family schedule, parental health concerns... These all add up. Making the nervous system feel like there is danger.

But how does that tie into your back pain? Have you ever noticed that your back hurts

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Making Great Neighbours

more after a stressful day? That when you are under pressure, even though you haven't done anything particularly taxing on your body, it still hurts? We've come to blame this on posture, weak core, sitting too much, and other 'structural' habits. While they can contribute, *research suggests that they are only a small part of the bigger picture.*

Now, how does this all relate back to the pain alarm concept? We all believe that pain comes from a danger signal that we **always** used to believe was a structural issue. We now know an overload of constant stress, worry, anxiety, lack

of proper sleep, financial concerns, perfectionism, etc... (all things that are not structural in nature) can cause the nervous system to sense the same level of danger and therefore set off the same pain alarm. So, when we go to treat persistent pain we need to look at, and treat, the non-structural danger signals as well. Build your path back to wellness. Look at the big picture.

Ready to learn more? Watch for the next article in October about how the nervous system can see danger (and what to do about it) when the body finally starts to release tension.

This month's Lakeview resident in profile is professional artist Shelley Pearson.

Shelley moved to Lakeview just before Christmas in 1963, so that makes it almost 60 years she's lived in our great neighbourhood! Her family was the third to move into Lakeview Village and Shelley remembers a childhood exploring houses under construction,



Shelley Pearson in her studio

Benny's store's penny candy, and brown bread from the original Lakeview Bakery. After high school, Shelley attended the Alberta College of Art, where she studied painting, drawing, and printmaking. In the mid-80s, she went east to get her Bachelor of Fine Art degree from the Nova Scotia College of Art and Design.

Like most artists, Shelley has held several jobs to fund her art practice. She worked as a scenic painter and props maker in the

film and theatre industry for 16 years, did technical drafting and design work for various architecture firms, and worked at a fire lookout for Alberta Wildfire. "It was a great job - I'm well suited and I like my own company. I'm detail oriented and have an excellent visual memory. You need those skills to spot smoke and figure out where it actually is. There were foggy days, which gave me time to work on my art and explore the forest. The off-season gave me about 6 months to concentrate on painting," says Shelley.

After a four year stint at Barrier Lake Fire Lookout, Shelley decided to become a full time artist. She began teaching art at the Lakeview Community Centre's Field House, where she continues to do so. Shelley enjoys teaching adults, saying, "They're keen. They make me bring my 'A game' and dig out all the art knowledge buried in my head. It's fun, invigorating, and I think that my students feel the same." She also tutors individuals and is currently mentoring an emerging artist.

Shelley now lives in the Lakeview Green condos and has a dedicated studio space in one of her bedrooms where she creates acrylic, watercolour, and collage pieces in several different styles. Her most recent work is based on sediment-

ary rock and cloud formations, with a focus on colour relationships. Shelley's work is in private collections; she sells through her website, through word-of-mouth, and at some gallery and art shows. You can visit her website to see her work. It is www.ShelleyPearsonArt.com. You can also find her work at www.Imprimo.ca – a Canadian based virtual art gallery.



Still Life with Lily Vase - 16"x 20"
- Acrylic and Plaster on Cradled Panel

If you're out along the off leash area on 66th Avenue, you'll likely spot Shelley with her dog, Flaco. Her hands and clothes, maybe even her face, might have paint on them. It's a professional artist hazard. Stop and say hello to this long time Lakeview resident.



Land and Sky 4 - 24"x 36" -
Acrylic on Canvas

Like These Submissions?

News & Views needs submissions from the community. Show how much our community knows! Email lakeviewnews@lakeviewyyc.ca

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FALL 2023 ART CLASSES for ages 15 and up, at the LCA Fieldhouse: Introduction to Painting (Acrylic or Water-colour) Sept. 20 - Oct. 11 (4 classes); Collage Workshop - Sat. afternoon Oct. 21; Open Studio - Nov. 1-22 (4 classes). For more information contact: shelpearart@gmail.com or go to my website www.shelleypersonart.com. Hope to see you there!

LOST Gold chain box link men's necklace. Lost on July 25, 2023 at Connect Charter School at Clem Gardner while walking my dog. Sentimental value. Reward if found. Call or text 403-969-6079.

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Pet of the Month: Count the Toes!



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She loves the sun and has lived in Lakeview for all of her life.

Do you have an adorable pet?

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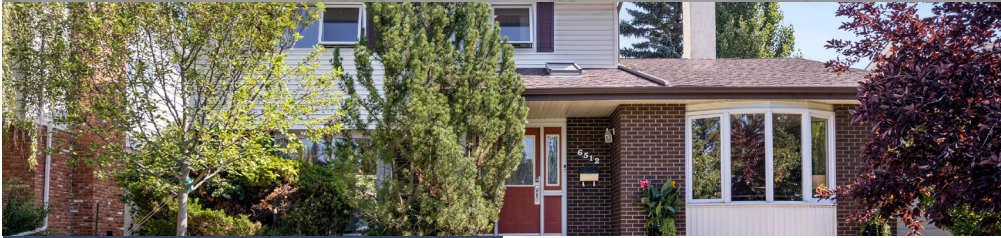
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