March 2020

lakeviewcommunity.org

Lakeview Community Association NEWS & VIEWS

VOL. 26 | YOUR COMMUNITY | YOUR NEWS | YOUR VIEWS | ISSUE. 6

Published by the Lakeview Community Association Prepared by community volunteers

Time Well Spent

By Marshall E Pope

Marshall is the President of the LCA. Reach him at president@lakeviewcommunity.org

'Spending' time is different than spending money. If one works hard or is fortunate you can earn more money, but you can never earn more time. Perhaps 'investing' time would be a better method to describe the value that one should consider when using an under appreciated resource. Investing is more calculated and deliberate. The dividends of investing time with your family, neighbours and community will make you rich in ways that will surprise you. Thank you to all the LCA volunteers that make our community a better place.

Good times continue at the Lakeview hockey rink with the new boards, new skate shack and new concrete being the trifecta. Couple that with the mild weather we have enjoyed, and we see the rink being well used. This is great! The timers that controls the rink lights have been reprogrammed by the rink volunteers to come on at dusk and stay on until 10 pm. This gives a reasonable window for hockey fans while keeping the slap shot sounds down a bit earlier at night. The new LED, low power, NHL temperature lights have been an enhancement to the rink. If you are still interested in donating to the rink fund, please contact Nadia at the hall.

For those that live in a time frame enhanced by coffee, you will be happy to hear about the announcement of a new addition to the Lakeview Plaza. The LCA board was visited last meeting by the new owners of Sierra Cafe. The location is in the available bay beside Pet Valu. Look for the official announcement of their grand opening in the coming months.

The LCA enjoyed a well thought out presentation from Susan Ryan (ryan.susan@shaw.ca) from the Weaselhead/Glenmore Park Preservation Society (WGPPS). The LCA agreed to support a request to honour former City of Calgary

... Continued on page 2

Councillor, Barry Erskine, by dedicating the foot bridge in the Weaselhead in his name. The WGPPS have consulted with the Tsuu T'ina Nation as well as the communities of Oakridge & Lakeview. The WGPPS will be taking the proposition through the City's naming process. The LCA will prepare a formal letter of support for this project. Thank you to the WGPPS and LCA for their thoughts & consideration on this project.

The Alberta Gaming and Liquor Commission casino paperwork and spending audit report was completed in January by the LCA. Thanks to Nadia & Amir who did an excellent job pulling reports and categorizing how the approximately $65,000 proceeds from the casino, that is conducted every 18 months, are spent on operational expenses. The LCA depends on this fundraising from the casino. Please consider investing your time as a volunteer, it is a lot of fun. The dates for the 2020 casino nights are August 26 & 27, 2020. Save the date!

Investing time with family, neighbours and community is always valuable. It consistently pays off often in satisfaction, recognition and in intangible timeframes!

Regards;

Marshall

City of Calgary Ongoing Recreation Events and Specials

Terrific Tuesdays at Southland Leisure Centre

Tuesdays, 4 - 10 p.m. Come join us for 50% off regular admission. Water park access begins at 7 p.m. calgary.ca/leisurecentres

Wild Wednesdays at Village Square Leisure Centre

Wednesdays, 4 - 10 p.m. Come join us for 50% off regular admission. All ages

calgary.ca/leisurecentres

Toys in the Waterpark, Thursdays at Southland Leisure Centre

Thursdays from 7 - 9 p.m. Try out our giant inflatable obstacle course or "walk on water" in one of our WOW balls. Anyone age 7 and up can try them out. General admission applies. calgary.ca/leisurecentres

Saturday Night for 50% off Regular Admission

Saturdays, 7 - 10 p.m. at Village Square Leisure Centre. Come join us for 50% off regular admission. calgary.ca/leisurecentres

Sunday Family Swim

Sundays, 8 a.m. – noon at Southland Leisure Centre**.** Come enjoy our waterpark! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies. calgary.ca/leisurecentres

Soccer Drop-in at Calgary Soccer Centre

Mondays, Wednesdays & Fridays, 11:30 a.m. – 1:30 p.m. Age: 18+. Develop foot skills, practice drills or play a game. Bring your own ball. calgary.ca/soccercentre

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Lakeview resident since 1991

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About News & Views

The Lakeview News & Views is published monthly, excluding July and August, with a print run of 2,200. Opinions expressed in submissions are the author's and are not be considered a reflection of the Lakeview Community Association. The LCA does not endorse or guarantee any products or services offered by the advertisers in this newsletter. If you live in Lakeview and you do not receive the newsletter, please call Nadia at (403) 242-8660 or email info@lakeviewcommunity.org

The Lakeview Community acknowledges that our homes, work places, communities, schools, and services are located on the ancestral and traditional Indigenous territories of the Blackfoot and the people of the Treaty 7 region in Southern Alberta, which includes the Siksika, the Piikani, the Kainai, the Tsuu T'ina and the Stoney Nakoda First Nations. The City of Calgary is also home to the Metis Nation of Alberta, Region III.

Community Calendar

LCA Board Meeting -March 9, 7:00-9:00 pm, Field House
Wine Night - March 11, 7:30 - 9:30 pm, Main Hall
Seniors Luncheon - February 28, 12:00 pm-1:30 pm, Main Halll
Karaoke Night- March 28, 7:00 pm-12:00 pm Main Hall

Newsletter Submissions

Send submissions to the editor, please email lakeviewnews@lakeviewcommunity.org

March 4th is the deadline for the April newsletter

Volunteers
The Lakeview Community Association is always looking for volunteers. If you are able to volunteer for the many events that Lakeview holds, for building or grounds maintenance, to be on a Lakeview committee, such as Traffic, for our membership drive, or simply to bake treats for the bake sales, please email Nadia at info@lakeviewcommunity.org to get onto our volunteer database.

Cathy Gallagher

Real Estate Agent

(403) 880-8299

Having lived in Calgary since 1980 and with over 30 years of sales experience, I have developed an extensive knowledge of the Real Estate Market that includes selling or purchasing of pre-owned residential homes, new homes and condominiums.

My commitment to customer service transforms pressure packed real estate transactions into stress free negotiations for my clients, who can testify to my integrity and knowledge of the real estate Market.

I pride myself on my ability to accurately forecast possible transaction uncertainties and providing the best solutions, knowing that my clients' best interests are of primary importance.

My love of real estate brings a fresh and innovative spin to my business relationships. My combination of powerful negotiating skills, superior communication skills, intelligent use of the latest real estate technology and my high ethical standards, along with an energetic approach, have all proven to be valuable proficiencies that have contributed to my successful real estate career.

As an enthusiastic Real Estate Professional, I am fully committed to providing you with full, thorough and extensive customer service and to get the job done for you.

Regardless of whether you are buying or selling, if you are looking for a dedicated Agent who knows that success and achievement are the result of hard work and devoted relationships, please contact me today as I would be happy to assist you with all your real estate needs.

Cathy

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Calling All Lakeview Seniors

Friday February 28

12 pm (noon)

At the LCA Main Hall

6110 34th Street SW

$10/person

RSVP to Audrey McKean

(403) 242-6875

Bring a friend

See you there!

Important info to know

Lakeview Community Association
6110 34 ST, Calgary, AB
T3E 5L6
Monday – Thursday
9:30 a.m. – 2:30 p.m.
(403) 242-8660
www.lakeviewcommunity.org

Board of Directors Meeting

Board of director meetings are held at the Lakeview Community Association Field House on the second Monday of every month and are open to the public.

Lakeview Facility Rentals

The Lakeview Community Association is pleased to offer its facilities for rent to both members and non-members. The Main Hall at 6110 34 St. S.W. is ideal for large meetings, seminars, social and recreational events. The multi-purpose room provides a private atmosphere and is suitable for small informal meetings, birthday parties, craft workshops, etc. Phone (403) 242-8660 or email: info@lakeviewcommunity.org

BOARD OF DIRECTORS

Executive
President Marshall Pope: president@lakeviewcommunity.org
Second VP Dylan Esch: secondvp@lakeviewcommunity.org
Secretary Fiona Cuthbertson: secretary@lakeviewcommunity.org
Treasurer Vacant: treasurer@lakeviewcommunity.org
Executive Advisor Katherine Butler

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Rob Mah

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Lakeview Community Administrator
Nadia Janssens: (403) 242-8660, info@lakeviewcommunity.org

Get engaged!

Show us your Lakeview. Tag your Lakeview Instagram photos with the hashtag **#LakeviewYYC**. We would love to see your photos and use them here in the newsletter.

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#104 - 6449 Crowchild Trail S.W.

Monday – 11:00 a.m. to 7:00 p.m.
Tuesday – 7:00 a.m. to 3:00 p.m.
Wednesday – 11:00 a.m. to 7:00 p.m.
Thursday – 7:00 a.m. to 3:00 p.m.
Friday – 8:00 a.m. to 2:00 p.m. (reception only)

facebook.com/CalgaryLakeviewDentalCentre

To request an appointment simply
call at (403) 242-5900
All services are provided by
Dr. Violet Newman, General Dentist.

LAKEVIEW COMMUNITY SOCCER
2020 REGISTRATION

WHEN: **Online registration will start Monday February 3rd and end Sunday March 15, 2020**

All players registered before March 15th will be assured a spot on a team.
Late Registration will be March 16th – March 29th, space permitting

WHERE: Register at: www.lakeviewyyc.ca

WHO:

U6 Mixed – children born in 2014 and 2015
Players must be a minimum of 4 years old on or before May 1st
Mon/Wed evenings 6:30 – 7:30 pm, April 20 – June 10

U8 Mixed – children born in 2012 and 2013
Mon/Wed evenings 6:30 – 7:30 pm, April 20 – June 10

U10 Mixed – children born in 2010 and 2011
Tues/Thurs evenings from 6:30 – 7:30 pm, April 21 – June 11

U13 Mixed – children born in 2007, 2008, 2009
Tues/Thurs evenings from 6:30 – 7:30pm, April 21 – June 11

COST: **$50 per child – includes team shirt, photo and award**
Lakeview Community Association Family membership is required: $30
Low income families can apply for funding assistance. Please contact the Lakeview Community Association at info@lakeviewcommunity.org or 403-242-8660

*Lakeview Soccer is a **fun and non-competitive** sport for the children in our community.

*This league **does NOT run without volunteer coaches**. Please sign up to help coach. A free coaching clinic is available to help you with everything you need to know. Experience is not necessary.

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March Madness Wine Night

Date - Wednesday, March 11, 2020 at 7:30pm (doors open at 7:00pm)

Theme - "**MARCH MADNESS**: Great Wines at Great Prices"

Presenter - Marion Webb of Renaissance Wine Merchants Ltd.

LCA members and invited guests only - $25.00 + fees + GST, non-refundable

Bring 6 wine glasses or buy a set of 6 at the door for $10.00.

ON-LINE REGISTRATION ONLY! NO WALK-INS.

Please register by 7:00 pm, Monday, March 9, 2020 by going to the Lakeview Community website at Lakeviewyyc.ca

If you would like to receive notifications about upcoming wine events, please email the Lakeview Wine Committee at 'winenight@lakeviewcommunity.org'.

RENAISSANCE

Exciting Wines and Spirits

Birds with Brainpower – The Common Raven

By Diane Stinson

One of the most intelligent bird families is the corvids. There are 20 corvid species in North America. Our most common ones include Common Raven, American Crow, Blue Jay, Black-billed Magpie, Canada Jay (formerly called Gray Jay; locally known as 'Whiskey Jack'), and Clark's Nutcracker.

Both ravens and crows have been shown to problem solve, to use, and even to make tools to obtain food. Ravens can solve puzzles and pre-plan tasks. Two Swedish scientists planned an experiment "to see if ravens could plan for an unseen future," something that has been demonstrated with great apes. The ravens were taught that if they placed a special tool in a tube sticking out of a box, it would release a favourite food, a piece of dog kibble. An hour after the box and tool had been taken away, the ravens were offered several tools, one of which was the special tool. Fifteen minutes later the ravens got the box back. 80% of the time, they had selected the special tool and correctly performed the task to get their treat. The experience was repeated for tool selection, followed by ***a 17-hour delay*** before returning the box. In this case the success rate was almost 90%. The researchers said that monkeys have not been able to solve tasks like this. Ravens are known to lead coyotes and wolves to prey and then wait until the carcass has been exposed for their meal. They are particularly adept at opening animal resistant garbage containers!

Terry Waters – a recollection of Common Ravens

"For those of you who have may have read Ben Gadd's book Raven's End: A Tale of the Canadian Rockies, I experienced one of their gatherings near Conklin, Alberta a few years ago. Our construction site near Christina Lake was dependent for power from Fort McMurray. We had a small transformer substation built by ATCO to supply our electricity down the road. A raven contrived to short the supply with its wingspan at a transformer and fried itself; we were blacked out all day. When we went down to determine the problem, there was a gathering of at least 40 ravens having a wake in the surrounding trees. The noise was deafening, as I thought every bird was mourning the loss of their friend. A fellow worker was not so sympathetic and thought that fried raven was on their minds!

At McMurray ravens were known as Fort Mac crows. They inspected everything under construction, whatever the weather. I could never figure out how they could use their legs in -40 temperatures, until somebody pointed out that their exposed legs were bloodless!"

How Can You Tell if it is a Raven or a Crow?

When you see a large black bird at this time of year, it will likely be a Common Raven. While there are some American Crows that over-winter (often seen in an area in Carburn Park near the Bow River), most crows migrate south in

the fall and will start coming back to Calgary in early March.

Common Ravens are at least twice as big as American Crows – compare weight of 2.6 lbs. (1.18 kg) to 1 lb. (.45 kg) and wingspan of 53" (135 cm) to 39" (99 cm). Ravens have a wedge-shaped tail (versus a fan-shaped tail), a longer and heavier bill, and shaggy throat feathers. They often soar or glide (sometimes doing barrel rolls!) holding their wings straight. Crows slowly flap their wings almost continuously, gliding briefly, rather than soaring, with slightly raised wings. Ravens have many vocalizations; most common are a low, drawn-out *croak* and a hoarse *kraaah*. Crows also have vocal variety, including a repetitive *caw-caw-caw and carrr*.

Common Raven – Diane; note wedge-shaped tail

Long-time birding legend in Calgary, Gus Yaki, shared a tip for identification. If you see a black bird on the side of the road eating some carrion and it hops away a few steps as your car approaches, it is likely a raven. If it flies off, it is likely a crow. Even the experts have difficulty sometimes identifying these species correctly. If you are not sure, you can always call it a **craven**!

Common Raven – Diane; flying over the Weaselhead

Other Corvid Facts: Both ravens and crows communicate with others within their species. Crows are more often seen in flocks and roosting communally at night. Ravens will collect in large numbers to feed on carrion. Once paired up, ravens remain with that partner for the rest of their life, which can be up to 21 years in the wild. They fiercely defend their young. Both ravens and crows are omnivores, feeding on carrion, fruit, and garbage. While ravens will also eat small crustaceans, fish, rodents and grain, crows will eat insects and spiders.

Both will raid nests.

A good place to see Common Ravens in Lakeview is along the ridge overlooking the reservoir in North Glenmore Park. They love to soar in the wind and will ride thermals, sometimes alone, but often with another raven, sometimes two or three. They fly overhead through our neighbourhood and may perch on the top of trees, where you can also get a good look.

Raven stories and myths are abundant in indigenous cultures. Most often they are viewed as magical, curious, mischievous/a trickster, and sometimes a hero. The Yukon has adopted the Common Raven as their territorial bird, selecting a bird that is common there AND a bird with brainpower.

Common Ravens – Diane; an adult on the right, juvenile on the left

family fun day

Coordinators Needed!

The Lakeview Community Association is looking for some new volunteer coordinators to help plan/organize Lakeview's Family Fun Day event. Our current volunteer coordinators would love to train some new volunteers this year in order for a smooth transition next year. If you love planning events, Fun Day is an awesome way to let your creativity shine for the whole family to enjoy. This year's Family Fun Day event is scheduled for Saturday May 30, 2020 but if we don't get any volunteers step forward this event will not happen. If you'd like to be involved with this great event, please email info@lakeviewcommunity.org or call 403-242-8660.

Critters in and around our community

Lisa got a Sunday morning surprise, as did **Bob and Don**! On Jan. 19 two moose (looked like a cow and a calf) were spotted ambling along Ladbrooke Dr. SW, west across Lakeview Dr. through the 4-way stop (not appearing to observe the traffic signs…), and then along 58th Avenue. At 34th St. they crossed the road, where one was seen 'pruning' the lower branches of a tree in a front yard. Likely they made their way to the Weaselhead.

Coyotes are regularly observed in North Glenmore Park and when the water is frozen, on the ice on the reservoir. While they are often seen walking, recently we saw two lying on the snow, seemingly resting in the sun and occasionally raising their heads, keeping an eye out for two others making their way towards them. A pack of 6 was on the hill near the paved walking path attracted by a barking dog.

--> Continued next page

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Upcoming Annual Golden Eagle & Other Raptors migration. The birds will be migrating back north starting in early March. You can take in the annual count from Mar. 1 - Apr. 22 near Mt. Lorette. Check **www.eaglewatch.ca** for details.

Bird Sightings:

Both **Norma** and **Gary and Nell** saw two Northern Flickers in their yards. **Norma** mentioned that the pair she saw were looking at each other with their heads bobbing and moving side to side. This is likely a courtship display.
Gary and Nell report that they saw a Mountain Chickadee in their yard in late January and a Merlin fly across the school yard and perch on the antenna.

To report your bird sightings, please email Terry Waters – waters11@ptk.ca

Bird on!

March Pet of the Month

Oscar the Pug

Oscar moved to Lakeview last summer and is loving his new communi ty! He loves spending time with his human sisters at the community park, North Glenmore park and Weasel Head. He also loves socializing with all his new dog pals on the off leash area along 66th. In his spare time he also likes to nap, lay in the sun and beg for popcorn.

Submitted by Tammy Brigidear

SCAM ALERT FOR LAKEVIEW!!!

Hello Lakeview,

There have been reports of people going door-to-door recently in Lakeview representing themselves as Lakeview Community Association members selling half year memberships for $30. The LCA does NOT sell half year memberships and does NOT do our door-to-door membership drive in January. If someone comes to your home and asks for you to buy a community membership, it is a scam. Do not give these people access to your homes or pay for the false membership.

If someone comes to your door and you believe they are misrepresenting themselves, please call the non-emergency police line at 403-266-1234.

Thank you -- Your Lakeview Community Association

Lakeview United Church's

Weaselhead Presents!!!

Concert Series Presents

Tim Isberg

Friday, March 20, 2020@ 7:30 pm

at Lakeview United Church

3023 - 63rd Ave, SW

Phone 403-242-5760 to reserve or Tickets $25 at the door

A prolific singer/songwriter showcasing his tunes inspired by adventures both 'round the world' and 'round the human heart'! Informed by his military experience, Tim weaves compelling and evocative tales in the classic tradition of musical storytelling. Tim Isberg and his band will touch your heart and open your eyes to the world. Not to be missed!!

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Around the Block, Let's Walk

A message from the Federation of Calgary Communities

Walking is a great form of cardiovascular exercise, but did you know it can also be an opportunity to increase safety in a neighbourhood? Walking around your neighbourhood, whether it's with a neighbour, dog, or by yourself, can help to make your neighbourhood safer.

Walking can help you get more familiar with your community, observe new things and trouble spots in the neighbourhood. While you walk you can survey poor lit areas, is the signage in your neighbourhood adequate? Do the sidewalks and roads need maintenance? When you go for walks in your neighbourhood with these questions in mind you can easily spot areas that need attention.

When you're out walking, don't forget you can call 3-1-1 to report to City services, 9-1-1 for emergencies, or Calgary Police Service non-emergency line at (403) 266-1234 for non-urgent police concerns like noise complaints, minor accidents, etc. You can also connect with other resources like Safer Communities and Neighbourhoods (SCAN) about suspicious residential and commercial properties at 1-866-960-7226.

Walking can also help you bump into your neighbours and get to know them. You might even meet new walking buddies for a future walking group or meet-up!

KARAOKE

NIGHT

Join your neighbours and laugh out loud!

Saturday, March 28, 7PM – 12AM

$20 in advance, $25 at the door

Tickets at www.lakeviewcommunity.org

Includes one complimentary drink and Korean & Japanese fare

This is an 18+ event

Birthday wishes….no dishes! Plan your child's birthday with The City of Calgary

Birthday wishes….no dishes! Skip the work and plan your next birthday party with The City of Calgary. The City's many facilities offer an easy and affordable way to gather with friends and family in a fun setting. From waterparks to nature adventures, you'll find party planning simple and stress-free. Parties are tailored to the age group and available at City leisure centres, nature centres, aquatic and fitness centres, and art centres. Visit us online to see our list of themed adventure parties. Visit calgary.ca/birthdays for options.

Dive-in Movie at Southland Leisure Centre

Experience the movies like never before! Come settle in for a night at the movies in the waterpark. Lounge poolside or watch from the water itself. You'll enjoy a great film and an even better time with friends, family and neighbours. Tube rentals, concession and popcorn will be available. For specific movie titles check out our Facebook page closer to the event date. Regular admission.

Saturday, March 14, 6:30 p.m. – 8:30 p.m.

Southland Leisure Centre, 2000 Southland Drive S.W.

DIVE IN Movie at Village Square Leisure Centre

Experience the movies like never before at Village Square Leisure Centre. Come settle in for a night at the movies in the water park. Rent our tubes, bring your own floatation devices or lounge poolside. You'll enjoy a great film and an even better time with friends, family and neighbours. For specific movie titles check out our Facebook page closer to the event date. Regular Admission.

Friday, March 13, 6:00 p.m. – 8:00 p.m.

Village Square Leisure Centre, 2623 56 St. N.E.

Explore Winter at the Reservoir – Free or low cost

Come check out our winter activities. Warm yourself by the fire, rent a pair of snowshoes and explore the area with winter scavenger hunt! Check out our Facebook page for upcoming events.

All Ages + Adult

South Glenmore Park, 8415 24 St S.W.

MLA, Calgary Glenmore

Whitney Issik

311A, 2525 Woodview Dr SW T2W 4N4

✆: 403.216.5421

✉: calgary.glenmore@assembly.ab.ca

Dear friends and neighbours,

February 2020 is upon us. During this month Albertans will celebrate Family Day. This is a great time to spend time with family members and to get out and enjoy the best that Alberta has to offer.

Alberta is home to some of the most beautiful natural sceneries in the world, and they get even more beautiful during the winter months. This winter, consider spending time in nature in Alberta. A walk in Fish Creek Provincial Park or maybe snowshoeing in K Country. Alberta Parks also offer year-round, winter campground and backcountry camping for adventurers who want to tent or use their trailer or RV.

Alberta is a wonderful place to live and to do business. We are working hard to make it even better. I am pleased to announce that the Innovation Capital Working Group will report at the end of this month providing government with advice on how to incentivize private capital investment in the province's tech and innovation ecosystems. This working group includes representatives from key areas of Alberta's tech, business, academic and financial communities.

We are also working to make the necessary changes to ensure that automobile insurance is affordable, accessible and sustainable. In December a committee was appointed to provide recommendations on how to stabilize and reduce the cost of auto insurance, while ensuring injured Albertans are protected with appropriate treatment and compensation in recovery. This is a three-person committee that will report later this spring and includes a consumer representative as well as legal and medical experts.

These are just a few items that may be of interest to you. During February I will continue to be in the constituency. As always, please contact my office with any concerns or questions you may have.

Sincerely,

Whitney Issik

MLA – Calgary Glenmore

Sign up for free collection day reminders.

Never miss your collection day – sign up for free weekly reminders

Did you know that The City provides free reminders for your blue, green and black cart pickup days? All you need to do is sign up! When it's time to put your carts out for collection, we'll send you a reminder. Get instant access to your pickup schedule, plus useful tips for using your blue, green and black carts. You'll also receive notifications about any changes to your collection schedule.

Sign up for free collection day reminders at calgary.ca/collection. You can get notifications by:

- Text message
- Email
- Telephone (this is a voice recording that can go to a mobile or landline)
- Downloading the Garbage Day app on your smartphone

There's also an option to print your own calendar. Don't have access to a printer at home? Ask a family member or friend to print the calendar for you, or print it for free at a Calgary Public Library location.

Tell a neighbour, friend or family member to sign up too! If they need a bit of help, download the app on their iPhone/Android or sign them up for the type of reminders that work best for them, such as email or telephone. Visit calgary.ca/collection to learn more.

Winter cart collection tips

Snow and cold can bring some challenges in getting your blue, green and black carts picked up. But follow these winter tips and collection day will be snow big deal.

Putting out your carts

- Clear snow and ice to put your carts on even ground. Place carts in a dry area so they don't get frozen to the ground.
- Don't place carts behind or on top of snow banks.
- Remember to space your carts – if you can walk between and around your carts easily, that should be ok.

Green cart

- Crumple up flyer sheets into balls to line the bottom of your green cart. This will prevent material from sticking to the cart.
- Freeze your food scraps before putting out into your green cart.
- Put your material into the cart closer to pickup day so it has less time to freeze in the outside cold.

Blue cart

- Clear snow off your cart lids, especially the blue bin. Keep the lid closed so that paper and other recyclables stay dry.

TIP: As you're clearing snow off your vehicle, brush the snow off your carts at the same time.

RENOVATIONS
BY RICHARD

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- Kitchens
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(403) 803-2032

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March Break at the Library

Looking for fun? Find it at the Library! There are plenty of free programs for school-aged kids and teens happening all the time – especially when school is out. Come geek out with robots, build up your public speaking skills, play some tabletop and video games, or drop in for an arts and crafts camp. Whether you want to kick back and relax during March Break, or just catch up on your schoolwork, we've got the program for you at **calgarylibrary.ca/march-break**

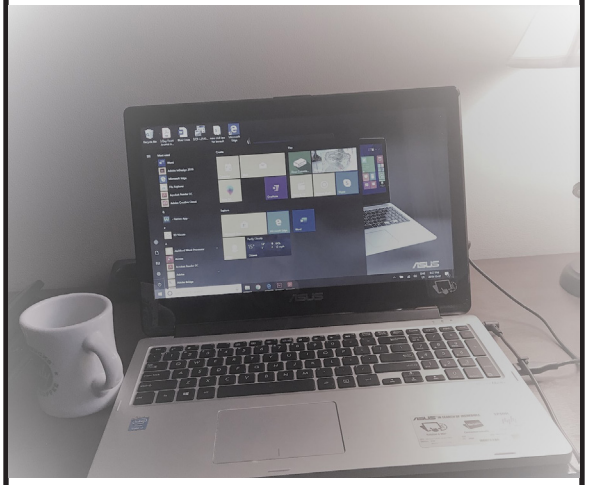
Hot Off the Press: Your new Fire Safety Activity Book

Did you know that Calgarians are at the greatest risk of fire in their homes? To stay safe, it's crucial to make sure every member of your family knows about fire prevention, including your kids. The new Fire Safety Activity Book, a partnership between Calgary Public Library and the Calgary Fire Department, teaches kids all about home safety through colouring sheets, puzzles, and games designed for school-aged learners. Pick up yours for free at any Library or fire hall. Learn more about fire safety at **calgarylibrary.ca/fire**

Check out our online newsstand

Your Central Library recently appeared in the New York Times as one of their 52 Places to Visit in 2019 – but did you know that you can read this acclaimed paper for free with your Library card? Your Library membership gives you free access to tons of magazines through our Digital Library. Browse local and international newspapers on PressReader, flip through popular titles like *People* and *Chatelaine* on Flipster, or read about us in the New York Times! Start reading for free at **calgarylibrary.ca**

Calling all Seniors and 50+!



Drop-in for coffee and conversation!

COMPUTER COACHING and help with cell phones and tablets will also be available.

Fridays 1 - 3 pm ("open house") in the Fieldhouse (behind community hall)

For more info: Janet (403) 797-4075

Mary (403) 253-6157

Elaine's

SHORT & SWEET ANTIQUES & COLLECTIBLES SHOW & SALE

SATURDAY
MARCH 21, 2020
TIME: 10:00 A.M. TO 3:00 P.M.

NORTH GLENMORE PARK COMMUNITY HALL

2231 LONGRIDGE DR SW
CALGARY, ALBERTA

ADMISSION $3.00
CHILDREN ARE FREE

CONTACT elainezelda@gmail.com
FOR MORE INFORMATION

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Keep Calm and Build a Kit

The power is out. The roads are impassible. Do you have what you need to take care of your family until the situation improves?

A 72-hour kit doesn't have to be expensive and it doesn't have to take up a lot of space. It just helps you take care of yourself, staying safe and comfortable, so that we as first responders can take care of those in greatest need.

Here are some tips to help you get started:

- *Make it a family activity.* Include your kids on the discussion and use it as a way to talk about emergencies, how you plan to communicate with one another about your whereabouts and how to evacuate the house if needed.
- *Start slow.* Store what you can today and accumulate other items bit by bit. Start with even one or two food cans each grocery trip.
- *Let it roll:* Make sure your kit is 'to-go' friendly, with wheels or able to be easily transported to your vehicle in case.
- *Date stamp it:* Pick a date to revisit restock items and write your inspection date on tape on the side of the kit. Put a recurring date in your calendar to see whether there are items to replace.

So what do you put inside? Important documents, flashlight, radio, candles, food stuffs, items for kids and pets. The best kit is the one that works for you and your family. Visit calgary.ca/get-ready to learn more.

Maximize your water savings with a rain barrel

The cost of watering your yard can account for 30 per cent of your annual water bill. Using a rain barrel helps you conserve water and save money, all while keeping your plants healthy with soft, non-chlorinated rain water.

How do I choose a rain barrel? Look for a sealed barrel equipped with:

- An overflow mechanism, such as a diverter, for use with your existing downspout
- An additional outlet and hose to redirect water to plants or trees from the barrel once it's full
- A drain or tap near the bottom to fill a watering can

You can use one barrel or set up a network of multiple barrels to increase your savings.

Setting up your rain barrel

Locate the downspout most convenient for barrel placement. If your rain barrel didn't come with its own stand, set it on some concrete blocks or flagstones for extra stability. Read the installation instructions that come with your rain

barrel carefully, and refer to the barrel manufacturer or retailer for support.

Buying a rain barrel

Green Calgary is hosting a number of rain barrel events in local communities throughout the spring and summer, where you can purchase a rain barrel (or two!), all the fittings and other green products for your home. You can also receive free advice on putting your rain barrels to work for you. Call 403-230-1443 or visit greencalgary.org.

Please visit calgary.ca/yardsmart for more information on conserving water and gardening in Calgary.

22nd Annual Youth Hiring Fair coming up on April 2

Thousands of jobs are up for grabs at this year's Youth Hiring Fair, happening at Stampede Park on April 2. Youth between the ages of 15 and 24 are invited to come to BMO Hall A between 1:30 and 6:00 p.m. to talk to 80 employers who are looking to hire. Come with your resume, be dressed to impress, and be prepared for potential on the spot interviews.

Before heading to the Hiring Fair, drop in to the Youth Employment Centre to get help on your resume and interview skills.

Visit youthemploymentcentre.ca for more details.

Youth Employment Centre's Youth Hiring Fair
Thursday, April 2
1:30 to 6:00 p.m.
BMO Hall A at Stampede Park

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dougsrighthandservices@shaw.ca

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Metabolic Balance® is an all-natural approach to weight management and long-term overall health. No monthly fees, injections or specialty foods. Just food from the grocery store and your own **will-power to succeed**. For more information please visit **www.livetruewellness.com or email iris@livetruewellness.com**

Message From Jeromy Farkas

City Councillor

Dear Friends,

Spring is a time to start fresh and clean house, and with melting snow comes the realization that a little TLC does our neighbourhoods and our green spaces a whole lot of good.

Check out your community newsletter for a spring clean-up near you, starting next month. Each year the City facilitates community-wide clean ups throughout Calgary.

These are excellent opportunities to rid your garages and stairwells of debris and clutter. It is also a great opportunity to be a good neighbour and help someone less able-bodied haul unwanted items to these pop-up garbage/recycling centres.

Another good neighbour initiative is to come together and participate in park and pathway clean-ups. Your local off-leash dog park may be facilitating one, and as always, many hands make light work.

We all need to do our part to keep our parks and open spaces pristine. So, head on out and take advantage of the opportunities to connect with your community members and discover the satisfaction of being a volunteer.

Speaking of volunteers, reach out to your local Community Association if you are able to contribute to your community in any fashion. My hat is off to these individuals, who work tirelessly to boost vibrancy and fellowship in all our unique communities across the city.

I am so grateful to the engaged and dynamic residents in Ward 11 and beyond for your feedback and ideas, and I encourage you to reach out to me through ward11@calgary.ca.

I look forward to seeing many of you at our Town Hall on March 19 at the Willow Ridge Community Association beginning at 7 p.m. The address is 680 Acadia Drive S.E.

Respectfully,

Jeromy Farkas (Palliser resident and Ward 11 City Councillor)

Nominations open now for Indigenous achievement awards

Nominations and applications are now open for the annual Chief David Crowchild Memorial Award and the Calgary Aboriginal Urban Affairs Committee (CAUAC) Youth Achievement Award. These awards honour people who build bridges between Indigenous and non-Indigenous communities. The awards will be presented at a ceremony at City Hall on June 19, 2020.

The Chief David Crowchild Award is given annually to a person, group or organization, both Indigenous and non-Indigenous, who are leaders in building relationships, support strong engagement between different communities and create change within their community.

The CAUAC Aboriginal Youth Achievement Award recognizes a youth are dedicated to their education, encourage their peers to pursue education, and who create cross-cultural activities between Indigenous and non-Indigenous communities. This award also comes with a bursary worth $1,000. Youth can be nominated or apply to win the awards.

Nomination and application forms can be found at calgary.ca/CAUAC. These awards are presented by the CAUAC.

Test Your Smoke Alarms

As we 'spring forward' into Daylight Savings on March 8, this is an excellent time to test the smoke alarms in your home or business.

When correctly installed, tested and maintained, smoke alarms provide the best early warning system in the event of a fire. They are an essential part of any home or business, and will help to keep your family and employees safe.

- Test smoke alarms once a month by pressing the alarm's test button and replace the batteries of each smoke alarm once a year.
- Replace smoke alarms after 10 years. Or, if you discover a smoke alarm is defective or broken after testing, replace it.
- Install at least one smoke alarm on every level of your home, including the basement, and ensure there is a smoke alarm in or near every sleeping area.

For more information on choosing smoke alarms, checking their expiration dates and installing and maintaining them correctly can be found at calgary.ca/smokealarms.

Stay safe! From the Calgary Fire Department.

Electrician for Hire: No job is too big or small... whether it's a renovation project or just a troublesome switch, I will get the job done right and as quickly as possible. Affordable rates. Text, email or call anytime. yourbestelec@gmail.com, (403) 975-2277 (Karen).

Dog Sitting: In my home, safe, secure home and yard. Will feed cats also. Bird Sitting. Call Maureen at (403) 263-1548.

Dave's Plumbing and Heating: Master plumber, gas fitter, Lakeview resident. Repairs or new installations. Plumbing, furnaces, boilers, water filters and softeners, hot water tanks, drain cleaning, renovations. Residential or commercial. Call David at (403)614-3755 or email dhscott@shaw.ca.

Janice Piet Yoga: Janice Piet Yoga, Wednesday evenings 7:00 - 8:00pm. On-going classes September-May. Please confirm 403-889-5223 or janicepiet@gmail.com. Lakeview Community Centre - 6110 34 St SW.

Housecleaning: Will clean your home. No job too small or too big. Part time or full time. Call Fran Eagle at (403) 287-0785.

Home & Pet Sitting: Will come and stay at your home. Very reliable. Please contact Vivian at (403) 519-6311.

Ballet School Lakeview: Susie von Hellerman, regist mem. of the R.A.D. Trained & danced profess in Europe. Pre-ballet age 3 & up Children & majors - Adults beg. to adv. 403-246-2208

Cleaning Service: Excellent Ref. Insured & WCB coverage. Weekly, biweekly. Reasonable prices. For free estimates, call Maria at (403) 606-6977.

WEIGHT LOSS, Wellness and Fun!: TOPS support group meets Tuesday afternoons in Lakeview. Low Fees. Call Pat 403-771- 5093 or Pat.Christie@telus.net.

Ergonomic Assessment: for those working in a home office or small business. Discomfort when working? Identify and address problem work station, postural and work practice issues. Contact Diane, 403-249-6969. Ergonomic solutions since 1988.

Home & Property Improvements: Delta Projects provides interior/exterior maintenance and repairs or new projects. Big, small and all the inbetween. Kitchens, bathrooms, basements, floors, fences, decks, and more. Call or email to discuss your project and book an estimate. 403-554-5535, delta@deltaprojects.ca

Snow Angel Needed: Senior citizen with medical issues requires help shovelling snow during the winter months. Lives on 37th Street. If you are able to help, please call Anne at 587-351-3477.

To Advertise in the Lakeview News and views email lakeviewnews@lakeviewcommunity.org

Recreation Fee Assistance

Recreation Fee Assistance gives families or individuals living under the Low Income Cut Off limits the opportunity to participate in recreational activities for discounted rates up to 90% off a registered program and 75% off drop-in admissions or passes at City of Calgary Leisure Centres, Aquatic & Fitness Centres and Arenas. Acceptance into the program also gives you access to discounted rates at 28 partner organizations such as the Calgary Zoo, Telus Spark, VIVO, WP Puppet Theatre and YMCA. For more information go to calgary.ca/fairentry/feeassistance.

Try something different. Spring/Summer recreation program registration begins March 3.

The City of Calgary's Spring/Summer Recreation Program Guide offers hundreds of fun and affordable recreational opportunities to get you and your family more active, more often. Registered programs are offered at dozens of facilities located throughout the city, including summer day camps, swimming, skating, hockey, fitness, dance, martial arts, sports and more. Registration for spring and summer begins March 3. To learn more and find a program that's right for you, visit calgary.ca/register.

Tap into your creative side with The City of Calgary

Think you don't have a creative bone in your body? Think again! We all have the ability to be creative and programs with The City of Calgary can help you find your inner artist. The City of Calgary is offering hundreds of artistic and creative programs for all ages, interests and abilities, allowing you to get more creative, more often. Performing and visual arts classes range from beginner drawing and painting for adults, to pre-school dance and ballet, clay classes for families, and even belly dancing for those looking for something a little different. Registration begins March 3. To tap into your inner artist and see which program is right for you, visit calgary.ca/register.

The fun starts after the bell with Calgary AfterSchool

This school year the fun starts after the bell. After school programs are offered by The City of Calgary and its partners for FREE or low cost. Youth are provided positive, fun and supervised after school programs in schools, recreation buildings and community facilities across Calgary. Children and youth grades 1-12 can drop into a weekday program in their community and take part in a variety of activities from 3-6 p.m. Activities may include basketball, swimming, arts, leadership, skating, sports and much more. At Calgary AfterSchool, it's more than just getting children and youth active. These programs are designed to stay productive, increase self-esteem and teach them skills that will follow them throughout their life. Learn more at calgary.ca/afterschool.

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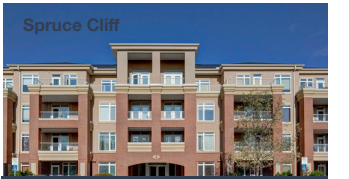

#205, 8 Hemlock Cr SW $794,880
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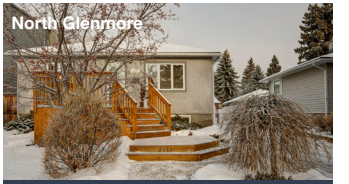

2132- 53 Avenue SW
Sold!

3432 Lane Cr SW
SOLD!